

# Wasatch County Seniors Newsletter

465 E 1200 S Heber City, Utah—Open M-F 8:30 am—4:00 pm—Phone: (435) 654-4920

# September 2019

## Annie & Scott Loertscher SPOTLIGHT



Scott grew up in Midway and Annie is from the Rose Park area of Salt Lake City. They met in May of 1975 while Scott was working as a clerk in Ab's hardware store. At that time Annie was working as a florist at the Heber Valley Floral. They were married in 1975 and have five

children— Harmony, Tyrel, Kira, Cindel & Logan. We have nine grandchildren (with one more on the way). Scott worked for 36 years as a ready-mix concrete truck driver or as Scott likes to say a “concrete transport and placement specialist”. Annie was a stay at home mom working hard with the kids, stretching the money and earning extra money with various side jobs. We spent the first part of our married life in Heber until building a house in Midway (we did most of the construction work ourselves). Later we moved into a second house (we built on the property where Scott's parents previously lived). Scott's parents were also long time residents of Midway. Scott enjoys building, tinkering, inventing, and fixing things. Annie loves crafts, creative projects, getting great deals at yard sales & playing piano. We both served missions for the Church of Jesus Christ of Latter Day Saints. We both enjoy interacting with others and have a great time coming to the Senior Center.

### COUNTY ADVISORY BOARD 2019

- Chair: Jim Kohler
- Vice-Chair: Sidney Ellingford
- Secretary: Marcia Young

*Regular Members:* Sidney Ellingford, Steve Farrell (County Council Rep.), Jim Kohler, Raneva Lemon, Bonnie Mathews, Linda Middleton, Rick Tatton, Marcia Young

1<sup>st</sup> Alternate: Mary Johnson  
2<sup>nd</sup> Alternate: Betty Brandner

### Senior Center Department

- Center Director: Ashley Fish
- Food Services Manager: Cora Briggs
- Administrative Secretary: Tiffany Horrocks
- Activities Coordinator: Candie Bonner

### SENIOR CENTER CORPORATE BOARD 2019

- President: Dennis Allen
- Vice-President: Perry Rose
- Past President: LaRee Pedro
- Secretary/Treasurer: Marvin Rust
- Historian: Carroll Lee Hicken

*Directors:* Dee Akerley, John Besendorfer, Maxine Carlile, Betty Jones, Wayne White

*From the Director's Desk . . . . .*

From *Tullidge's Histories*, page 146, one finds the following "description, early history, and resources" of Wasatch County. From this early historical record I quote,

"Wasatch County embraces all of Provo Valley, which is situated in the south-eastern part of the Territory of Utah, and about twenty-eight miles from Provo.

The valley is beautifully located. It is so complete – so beautiful, romantic and picturesque; some of its sylvan glades, sandwiched between the ancient hills, seem to almost rival in grandeur the home of the Swiss. Surrounded entirely by mountains; some of them are rolling; they recede and rise gradually, while others ascend more abruptly, and their snow-capped peaks appear to kiss the sky. The valley is almost completely round, and is in shape like a deep, symmetrically formed bowl. From any of the mountain heights is obtained a magnificent view of the country, and from some of them the prospect is extended to other valleys north and south, and which are almost enchanting. This valley is located about thirteen miles from Park City. By stage you travel about fifty miles, and by rail about one hundred and five miles to reach the capital of Utah (*at that time located in Fillmore, Utah*)". (*italics added*).

This early "pioneer" written narrative still aptly describes our beautiful valley and its communities -- now 170 years later. For those of us who "grew up" here – and now "seniors" of our local communities here in Wasatch County -, living here today and privileged to have known it in our younger years - the 1920's through the 1970's – we recall the fond memories of those years. May the beauty of this Valley and surrounding ones, and our entire State and Country, continue to be held dear to us; and continue to bless the lives of those who call "home" this wonderful land.

*Ashley Fish*

**Complimentary** Bus Service

For Seniors

CALL FOR PICK-UP: (ASK FOR LIZETH)

**435-849-3817**

**OR**

**435-315-7990**

Monday  
&  
Wednesday  
10:00 am – 2:00 pm

# Cora's Kitchen



To all our Seniors...just a little info from the kitchen. I hope we have as beautiful weather in September as August. So much sunshine to brighten our days.

September brings us: Baby Safety Month, Chicken Month, Classical Music Month, International Square Dancing Month, National Courtesy Month, Self - Improvement Month and National Sewing Month.

On September 2<sup>nd</sup> the U.S. Department of Labor celebrates and honors the greatest worker in the world-the American Worker. Labor Day 2019 is the 125<sup>th</sup> Anniversary of Labor Day being celebrated as a national holiday. We will be closed on this day.

Fall begins on the 23<sup>rd</sup> of this month. The leaves should be a pretty color with the heat coming later in the season. Let's enjoy the days before winter (snow).

As always, keep drinking your water. Until next time, take care...Cora Briggs



## SEPTEMBER FIRESIDES

September 2– Labor Day / No Fireside

September 9– Rob Harrmon of “Heart & Soul”

September 16– Vocals & Guitar by Kent Winterton

September 19– Swiss Miss Royalty

September 30– Sidney Thiede & Friends



## Meals on Wheels

Do you or someone that you care about need meals delivered to your home? The Meals on Wheels program is designed for those who are over the age of 60 years and homebound (do not drive). For more information about the Meals on Wheels program call Tiffany at the Senior Center.

## SPECIAL LUNCH PROGRAMS

Tuesday, September 3: Cap Tel “Closed Caption” Phone Use  
by Jenny Arroyo

Thursday, September 5: Music, Vocals, Guitar by Dave Allen

Tuesday, September 10: MAG, Medicare, S.S. & Fraud by Dawn Loper

Thursday, September 12: Tour & Box Lunch at Besendorfer's Museum

Thursday, September 19: Vocals & Music by David Ekins

Tuesday, September 24: Misty Philbrick– Symbii Home Health

Thursday, September 26: Rebecca Lynn– Costco Optical & Hearing



When needing to ride on the Tuesdays and Thursdays “Lunch Bus”, please call the Front Desk 435-654-4920 to make sure it's “running” that day.

Note: There must be 4 or more RIDERS, each time, or the bus(es) don't run.

# ALERT

## Equifax data breach: Pick free credit monitoring

Just last week (July 2019), the FTC and others reached [a settlement](#) with Equifax about its September 2017 data breach that exposed personal information of 147 million people. We've told you to go to [ftc.gov/Equifax](http://ftc.gov/Equifax), where you can find out if your information was exposed and learn how to file a claim with the company in charge of the claims process.

If you haven't submitted your claim yet, think about opting for the free credit monitoring instead. Frankly, the free credit monitoring is worth a lot more – the market value would be hundreds of dollars a year. And this monitoring service is probably stronger and more helpful than any you may have already, because it monitors your credit report at all three nationwide credit reporting agencies, and it comes with up to \$1 million in identity theft insurance and individualized identity restoration services.

### DAWN LOPER

SHIP Medicare Counselor

801-229-3819

[www.LoveYourLaterLife.org](http://www.LoveYourLaterLife.org)

## Wasatch County Caregiver Support and Education

Support Group meets at 4:00 pm the 2nd Thursday of each month.  
Wasatch Senior Center,  
465 E 1200 S, Heber  
(435-654-4920)



## Senior Book Club

This group meets at **10:30 a.m. on the third Thursday of each month.** The next meeting will be on September 19<sup>th</sup>.

We are currently reading *Educated a Memoir* by Tara Westover.

Call the Senior Center for more information 435-654-4920.



# Obituaries

**Delores Faye Manning Davis**  
Born: December 27, 1934  
Died: August 3, 2019  
Married: Kent Davis

**LaVerl Christensen Young**  
Born: June 8, 1925  
Died: August 5, 2019  
Married: Delta Ivie Young

**Faye Simmons Giles**  
Born: May 9, 1924  
Died: Aug 13, 2019  
Married: Ross M. Giles

**Jean Popp Mortensen**  
Born: November 18, 1933  
Died: August 13, 2019  
Married: Ray Mortensen

**Steven Lamont Provost**  
Born: October 19, 1961  
Died: August 9, 2019  
Married: Lisa Olsen Provost



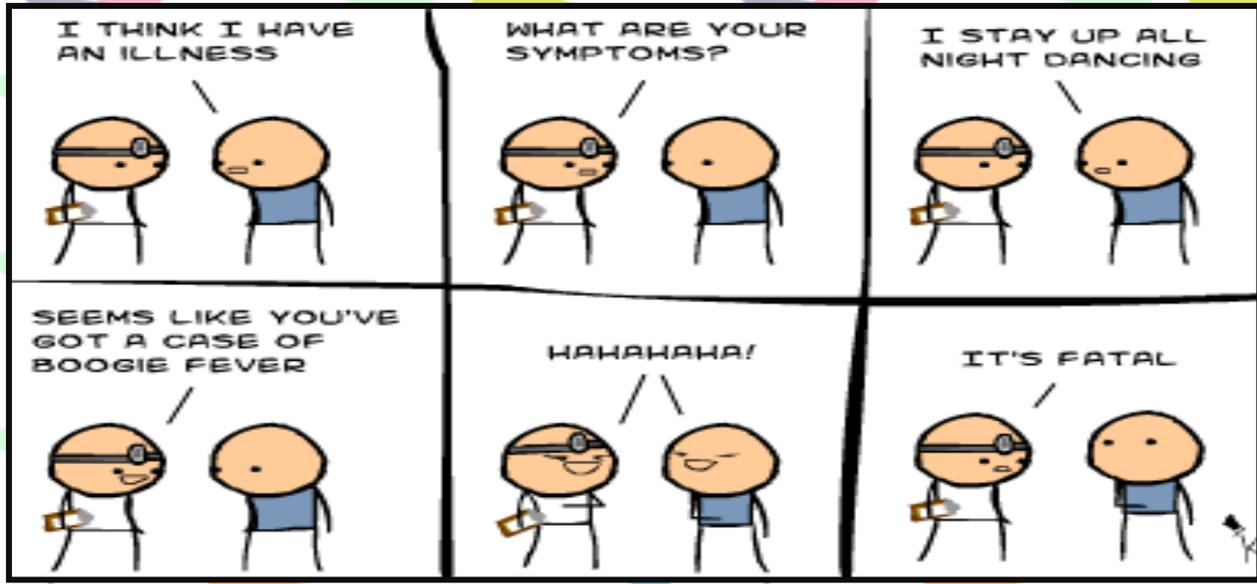
## Heber Valley's Western Music and Cowboy Poetry Gathering

October 23<sup>rd</sup> – October 27<sup>th</sup>

This gathering features 30 different entertainers that are sure to keep you on the edge of your seat with laughter, rhyme and rhythm for 4 days. For a complete line up of entertainers go to [HVCPG.com](http://HVCPG.com) or come into the Senior Center to look at a brochure. Order your tickets at the Senior Center for a Senior Special Group Rate on select shows. Don't wait shows will sell out.



# Senior Giggles



# Happy Birthday

William Sandoval	1	Vernon	Murdock	9	DeLila	Jackson	15	Donna	Broussard	23
Polly Jeffs	3	Grace	Broadhead	10	Sharon	Howells	16	Myrna	Vernon	24
Sheila Bryson	3	Ken	Kohler	10	LaRae	Jeffs	17	Holly	Breckenridge	26
Dick Baum	4	Arlene	Ryan	11	Mike	Witt	17	Tom	Noonan	26
Roy Daniels	5	Ronald	Staub	11	Judy	Oloughlin	19	Gary	Edwards	28
Doug Hibl	5	Sandy	Hansen	12	Cheryl	Jones	20	Jacquelyn	Lambert	28
Linda Wilson	5	Shirley	Osborn	12	Carroll Lee	Hicken	21	Lloyd	McGuire	29
Dale Carlson	6	Mary	Johnson	13	Marvin	Rust	21	Walt	Boehm	30
Colette Prestwich	6	Charlene	Yowell	13	Sheila	Stensrud	21	Cary	Boshard	30
Thomas Horrocks	8	Olga	Hibl	14	Kathy	Mickler	22	Gene	Cox	30
								Janis	Dunn	30

**FREE Piano classes on  
Thursdays at 9, 10 &  
11 a.m. taught by**

**Christy Ackerson**

**For an appointment  
Call 801-864-6403**



**WE'RE ON  
FACEBOOK!**

**Wasatch Senior  
Citizens Center**

## Senior Treasure Table

The next dates are:

Tuesday, September 3rd and

Thursday, September 5th

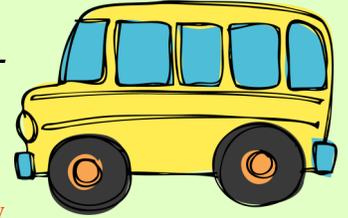
Any questions please see Lynn Allen

# Activities, Programs & Events



## TRIPS & TOURS

To register call Candie @ 435-654-4920 (by the deadline) or sign up & pay at Senior Center. Payments must be made at time of signing up. Current paid members will receive first consideration if space is limited. In the event a trip time/ date needs to change we will let you know ASAP. Tickets & activities are non-refundable unless noted otherwise.



**\*NOTE: Unless otherwise noted you will be responsible to pay for your own meals while on day trips and/or tours.**

*For costs and information on longer Bus Tours, Cruises, & International trips, check the Travel Table at the Senior Center.*

<b>Date:</b>	<b>Registration Deadline:</b>	<b>Cost:</b>	<b>Details:</b>
Every Tuesday In September 3rd, 10th, 17th, 24th	---	No Charge W/ Sign Up	"Rusty Joints" Water Exercise Class: Wasatch County Aquatic Center
Wednesday, September 4th	Aug. 30th	\$17 Lunch On Own	Museum Of Natural History: SLC
Tuesday, September 10th	---	No Charge	Chair Yoga: Senior Center
Friday, September 13th	Closed	\$28 Lunch On Own	Quilt Show: Thanksgiving Point, Lehi
Monday, September 16th	Sep. 13th	No Charge	Movie: "The Babe" at Senior Center
Wednesday, September 18th	Until Full	\$20 Includes Buffet	Wendover Fun Bus: Wendover, NV
Monday, September 23rd	Sep. 13th	\$2 Lunch On Own	Autumn Drive & Lunch At Daniel's Summit Lodge
Tuesday, September 24th	---	No Charge	Chair Yoga: Senior Center
Wednesday, September 25th	Sep. 20th	\$21 Lunch On Own	Hogle Zoo: SLC
Wednesday, October 2nd	Sep. 30th	\$1.25 per card Potluck Dinner	Bing & Potluck Dinner, at Senior Center
Friday, October 4th	Closed	\$46 Dinner On Own	The Addams Family: Hale Theatre, Sandy
Friday, October 11th	Oct. 8th	\$5 Lunch On Own	Senior Expo: SLC
Wednesday, October 16th	Oct. 10	\$17 Lunch On Own	Heritage Park: SLC
Friday, October 18th	Oct. 15th	No Charge Lunch On Own	Scarecrow Walk & Lunch: Homestead Resort, Midway
Monday, October 21st	Oct. 17th	\$5 Lunch On Own	Gardner Village "Witchfest" SLC
Thursday, October 24th	Oct. 17th	\$2 \$3 Meal Donation	Pumpkin Train & Pizza Party: HVRR & Senior Center