

September

2018 Calendar - Wasatch County Seniors

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| <p>3 HOLIDAY (CENTER CLOSED) LABOR DAY</p>  | <p>4 10:30 am "Chair Exercise" Class</p> <p>11:45a-1p "Flu" Shots (given by the WA CO Health Dept.)</p> <p>12:00 Noon - Lunch (visiting & socialization)</p> <p>1 pm: Table Games & Ceramics</p> | <p>5</p> | <p>6 NO Piano Classes Today</p> <p>12 Noon Lunch & Presentation Mitch Ashby & Teresa Peck-- "Silver Sneakers" Program</p> <p>1:00p: Bingo, Ceramics, Billiards</p>  | <p>7</p> |
| <p>10</p> <p>Day Trip to Lehman Cave, Nevada Cost: \$15 - admission & transp. Lunch on one's own (Bus leaves Center at 7:30 a.m.)</p> <p>7 p.m. FIRESIDE Swiss Bell Ringers</p> | <p>11 10:30 am "Chair Exercise" Class</p> <p>11a.m. - From M.A.G. - Dawn Loper - "Medicare & Social Security"</p> <p>12:00 Noon - Lunch & Presentation Bonnie Mathews - "Scams/Fraud"</p> <p>1 pm: Table Games & Ceramics</p> <p>1:00 p.m. Corporate Board Mtg.</p> | <p>12</p> | <p>13 9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403</p> <p>11am Symbii H. Health - BP/Glucose checks</p> <p>Noon Lunch & Presentation Kate Nederostek & Debra Hall - Alzheimer's Assoc.</p> <p>1:00p: Bingo, Ceramics, Billiards</p> <p>4:00 p.m. "Caregivers" Support Group Chat Time Sr. Ctr. Lounge Area.</p> | <p>14</p> <p>Dessert/Dance Social - with "Live" Music</p> <p>(CANCELLED) Will be re-scheduled)</p> |
| <p>17</p> <p>7 p.m. FIRESIDE Music with Rob Harmon</p> | <p>18 Day Trip to Wendover Cost: \$20, includes Luxury Coach, Casino Buffet & "Play" S's (Bus leaves Center - 8:30am)</p> <p>8:45a-10a "Flu" Shots</p> <p>9:00 am BREAKFAST (No Lunch Today) NO "Chair Exercise" Class</p> <p>1 pm: Table Games & Ceramics</p>  | <p>19</p> | <p>20 9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson(801)-864-6403</p> <p>10:30 a.m. "Senior Book Club"</p> <p>12:00 Noon Lunch & "Music with Joe Young"</p> <p>1:00p: Bingo, Ceramics, & Billiards</p> <p>1:30 p.m. Seniors Adv. Board Mtg.</p> | <p>21</p> <p>Egyptian Theater - in Park City "Thriller" Cost: \$28 (Bus leaves Center at 6:30 p.m.)</p> |
| <p>24</p> <p>"Fall Colors" Day Trip to "Big Springs" (Provo Canyon) Cost: FREE (Refreshments Served) (Bus leaves Ctr. at 12:30 p.m.)</p> <p>7 p.m. FIRESIDE Music by "Swiss Miss" 2018 Royalty</p> | <p>25 10:30 am "Chair Exercise" Class</p> <p>12:00 Noon - Lunch & Presentation Jon Hammond, Ex. Dir. - the (new) "Lodge at Mountain View" - "Grand Opening"</p> <p>1 pm: Table Games & Ceramics</p> | <p>26</p> | <p>27 9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson(801)-864-6403</p> <p>11 a.m. Applegate Home Care BP & glucose checks</p> <p>12:00 Noon - Lunch (visiting and socialization)</p> <p>1:00p: Bingo, Ceramics, & Billiards</p> | <p>28</p> <p>Day Trip to Antelope Island (Bus leaves Center at 9 a.m.) Cost: \$15.00 (includes transp., admission & box lunch)</p> |
| <p>1st Day of October 2018</p> <p>7 p.m. FIRESIDE Music with Johnson Creek Band</p> |  | <p>ALL DAY - EVERY WEEKDAY Exercising, Reading, Computers, Billiards, Piano/Organ, Checkers, Puzzles, Wii Video Games & Socializing</p> |  | |