

Monday	Tuesday	Wednesday	Thursday	Friday
<b>OCTOBER 2019 Calendar - Wasatch County Seniors</b>				
<p><b>ALL DAY – EVERY WEEKDAY</b> <i>Exercising, Reading, Computers, Billiards, Piano/Organ, Checkers, Puzzles, Wii Video Games and Socializing</i></p>	<p><b>1</b> <b>10:30 am</b> "Chair Exercise" Class <b>11 a.m.</b> UVU Nursing Students BP and glucose checks <b>12 Noon</b> - Lunch &amp; Presentation Paul Sweat. Supt. of WA CO School District -- Up-date <b>1 pm:</b> Table Games &amp; Billiards</p>	<p><b>2</b> <b>5 p.m.</b> <b>Bingo and Potluck Dinner</b> <b>(\$ 1.25 per card - contributions go towards Sr. Center Activities)</b></p>	<p><b>3</b> <b>9, 10 &amp; 11 am.</b> 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 <b>11am</b> Flu Shots – County Health Dept. <b>11am</b> Canyon Care Home Health – BP &amp; Glucose checks <b>12:00 Noon</b> Lunch (Visiting &amp; Socializing) <b>1:00 p.m.</b> Bingo, Ceramics, Billiards</p>	<p><b>4</b> <b>Hale Center Theater "Adams Family"</b> <b>Cost: \$33 Dinner at The Sizzler (Bus leaves Center at 2:30 p.m.)</b></p>
<p><b>7</b> <b>1 p.m.</b> <b>Movie at the Center "Hocus Pocus"</b>  <b>7 p.m. FIRESIDE</b> "Mt. Valley Harmony" Barbershop Quartet</p>	<p><b>8</b> <b>10:30am</b> "Chair Exercise" Class <b>11a.m.</b> Flu Shots – County Health Dept. <b>12 noon</b> Lunch &amp; Presentation – Bonnie &amp; Dawn from M.A.G. – "Medicare Enrollment" <b>1:00 a.m.</b> Table Games, Billiards &amp; Chair Yoga  <b>1:00 p.m. Corp. Adv. Board Mtg. – Rm. 159</b></p>	<p><b>9</b></p>	<p><b>10</b> <b>9, 10 &amp; 11 am.</b> 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 <b>11am</b> Symbii Home Health – BP &amp; Glucose checks  <b>12 Noon</b> Lunch &amp; Presentation H.E.A.T. Program – w/ Joan Stradling of M.A.G.  <b>1:00p.m.</b> Bingo, Ceramics</p>	<p><b>11</b> <b>"Senior Expo" – in Sandy</b> <b>Cost: \$5.00 Lunch (on one's own) at The Expo (Bus leaves Center at 9:30 a.m.)</b></p>
<p><b>14</b>  <b>HOLIDAY (CENTER CLOSED)</b></p>	<p><b>15</b> <b>10a – 2p</b> H.E.A.T. Program Apts. -- w/ M.A.G. <b>10:30am</b> "Chair Exercise" Class  <b>12 noon Lunch &amp; Program Fun &amp; Music with Cary Hobbs &amp; Friends)</b>  <b>1:00 p.m.</b> Table Games and Billiards</p>	<p><b>16</b> <b>"This is the Place" Heritage Park – in SLC</b> <b>Cost: \$17 Lunch (on one's own) at the Park (Bus leave Center at 9 a.m.)</b></p>	<p><b>17</b><b>9, 10 &amp; 11 am.</b> 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 <b>10:30 am</b> "Seniors Book Club" <b>11:00 am.</b> Applegate Home Health BP &amp; Glucose checks <b>12 Noon</b> – Lunch "Meet the Candidates" – Corp Board <b>1:00p.m.</b> Bingo, Ceramics, &amp; Billiards <b>1:30 p.m. County Advisory Board Mtg. – Rm 159</b></p>	<p><b>18</b> <b>11 a.m.</b> <b>"Scarecrow" Walk &amp; Lunch at the Homestead Resort, in Midway</b> <b>Cost: \$2 (Lunch on one's own)</b></p>
<p><b>21</b>  <b>7 p.m. FIRESIDE</b> Rob Sorenson &amp; Family – An Evening of Music</p>	<p><b>22</b> <b>10 :00 am</b> <b>BREAKFAST</b> &amp; Presentation - Kathy Rydman – w/Canyon Care Home Health <b>(No Lunch Today)</b>  <b>10:30am</b> "Chair Exercise" Class <b>11:00 a.m.</b> Table Games &amp; Billiards</p>	<p><b>23</b></p>	<p><b>24</b> <b>9, 10 &amp; 11 am.</b> 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403  <b>(No lunch today)</b> <b>1:00p.m.:</b> Bingo, Ceramics, &amp; Billiards <b>2:00pm Pizza Party at the Center (\$3.00 "donation")</b> <b>AND</b> <b>4 p.m. HVRR "Pumpkin" Train Ride (\$2.00 admission)</b></p>	<p><b>25</b></p>
<p><b>28</b> <b>"Witch Fest" at Gardner Village - in SLC</b> <b>Cost: \$5.00 (Lunch on one's own)</b> <b>(Bus leaves Center at 10a.m.)</b>  <b>FIRESIDE</b> Music w/ Martin Chatterly</p>	<p><b>29</b> <b>10:30 am</b> "Chair Exercise" Class  <b>12 noon</b> Lunch (Visiting &amp; Socializing)  <b>1 pm:</b> Table Games &amp; Billiards Chair Yoga</p>	<p><b>30</b></p>	<p><b>31</b><b>9, 10 &amp; 11 am.</b> 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 <b>11am</b> Encompass Home Health – BP &amp; Glucose checks <b>12 Noon - Lunch &amp; "Halloween Social" (Prizes for "Best" Costume)</b>  <b>1:00 p.m.</b> Bingo, Ceramics, Billiards</p>	