

Monday	Tuesday	Wednesday	Thursday	Friday
OCTOBER 2018 Calendar - Wasatch County Seniors				
1	2	3	4	5
<p>7 p.m. FIRESIDE Folk/Country Music with Johnson Creek Band</p>	<p>10:30 am "Chair Exercise" Class</p> <p>12:00 Noon – Lunch (visiting & socialization)</p> <p>1 pm: Table Games & Ceramics</p>	<p>DAY TRIP TO VERNAL – DINOSAUR MUSEUM & Lunch at Vernal Sr. Center - \$3 donation Transp. Cost: \$15 (Bus leaves Center at 7:30 am)</p>	<p>NO Piano Classes Today</p> <p>12 Noon Lunch</p> <p>1:00p.m.: Bingo, Ceramics, & Billiards</p>	<p>"Traveling Treasures" – in Coalville – lunch on one's own Cost: Only \$4.00</p> <p>(Bus leaves Center at 9:30 a.m.)</p>
8	9	10	11	12
<p>(CENTER CLOSED)</p>  <p>Columbus Day</p>	<p>9:30 a-1p UVU Nursing Students – Health Screening</p> <p>10:30 am "Chair Exercise" Class</p> <p>10a-2p – From M.A.G. – Dawn Loper - "Medicare & Social Security" & Bonnie Lewis – "HEAT Assistance" Program</p> <p>12:00 Noon – Lunch & Presentation</p> <p>1 pm: Table Games & Ceramics</p> <p>1:00 p.m. Corporate Board Mtg.</p>		<p>9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403</p> <p>11am Symbii H. Health – BP/Glucose checks</p> <p>11:45 a.m. "Flu" Shots – WA CO Health Dept.</p> <p>12:00 Noon Lunch</p> <p>1:00p: Bingo, Ceramics, Billiards</p> <p>4:00 p.m. "Caregivers" Support Group – (Lounge Area)</p> <p>Hogle Zoo "Boo" lights Cost: \$16 (Bus leaves Center at 5:30p.)</p>	
15	16	17	18	19
<p>7 p.m. FIRESIDE Music with Lorraine Branham & Friends</p>	<p>10:30 am "Chair Exercise" Class</p> <p>9:00 am BREAKFAST (No Lunch Today)</p> <p>1 pm: Table Games & Ceramics</p>	<p>Day Trip to Wheeler Park in SLC Cost: \$18 (includes box lunch) (Bus leaves Center at 9:30 a.m.)</p>	<p>9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson(801)-864-6403</p> <p>10:30 a.m. "Senior Book Club"</p> <p>12:00 Noon Lunch & Presentation (Geri Lehnardt – M.A.G.)</p> <p>1:00p: Bingo, Ceramics, & Billiards</p> <p>1:30 p.m. Seniors Adv. Board Mtg.</p>	<p>Hale Center Theater – Sandy - "Wait Until Dark" Cost: \$40 – includes admission & transp. (Bus leaves Sr. Center at 2:30 p.m.)</p> <p>Tomorrow "Rock Hounders" in SLC Cost: \$8 (Bus leaves</p>
22	23	24	25	26
<p>Day Trip to Park City Museum FREE (Bus leaves at 9:30 a.m.)</p> <p>7 p.m. FIRESIDE Music w/Natalie Johnson, Amy Andersen & Kathy Buell</p>	<p>10:30 am "Chair Exercise" Class</p> <p>12:00 Noon to 1:30p – Lunch & (Cowboy-themed) "Line Dancing" (come dressed in your "Cowboy" attire)</p> <p>1 pm: Table Games & Ceramics</p>		<p>9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson(801)-864-6403</p> <p>11 a.m. Applegate Home Care BP & glucose checks</p> <p>12:00 Noon – Lunch & Music – Timpanogos Middle School Choir</p> <p>1:00p: Bingo, Ceramics, & Billiards</p>	
29	30	31		
<p>HVRR "Pumpkin" Train Cost: \$1.00 Leaves Depot at 4 p.m. 5:00pm – "Pizza Party" (back at the Sr. Center) -- \$3.00 donation (No Bus Service)</p> <p>7 p.m. FIRESIDE Humor with Jeff Carson & Friends</p>	<p>10:30 am "Chair Exercise" Class</p> <p>12:00 noon "Halloween" Lunch and Costume Contest</p>  <p>1 pm: Table Games & Ceramics</p>		<p>ALL DAY – EVERY WEEKDAY Exercising, Reading, Computers, Billiards, Piano/Organ, Checkers, Puzzles, Wii Video Games & Socializing</p>	