

Wasatch County Seniors Newsletter

465 E 1200 S Heber City, Utah—Open M-F 8:30 am—4:00 pm—Phone: (435) 654-4920



SPOTLIGHT

Doylene Graham

My name is Doylene Graham. I believe my dad nick-named me Dolly the day I was born. Only a few call me that. Dee Sabey was the only one who called me Dolly from Wallsburg.

I was born in Springville, Utah. We lost my dad at 25. He burned to death on Christmas Day, 1942, in a garage fire behind our small home. I had turned 3 in November.

Two and a half years later, my mom, me, and a new stepdad moved to Orem. Later on, I met LaVerl thru my best friend Dixie Sabey. Her dad had been raised in Wallsburg.

We married at an early age and often joked about raising one another. I always told him I had done the best job. We lost him in 2015. He was truly a great guy and missed by all. We were married nearly 60 years.

We have 4 of the best kids on the planet. First born, Kim, had her own little army of 7 children and dispatched at Orem Police Dept. for almost 20 years. Second born, Doyle, works as an electrician and a Fireman/ EMT at the Jordanelle station. Third born, Kelly, has been in the school system for 30 plus years. She is now a school counselor at South Jordan Middle School. Fourth born, Jess, is an electrician and works for Heber Light &



Power. Our family numbers 70 and if it sound like I'm bragging, believe me when I say "Yes, I am". My family means the world to me. I love each one of them with all my heart. They give me reason for getting out of bed in the morning. I have been "Granny" for 43 years. LaVerl and I raised one another, but we also gave one another the world.

COUNTY ADVISORY BOARD 2019

- Chair: Jim Kohler
- Vice-Chair: Sidney Ellingford
- Secretary: Marcia Young

Regular Members: Sidney Ellingford, Steve Farrell (County Council Rep.), Jim Kohler, Raneva Lemon, Bonnie Mathews, Linda Middleton, Rick Tatton, Marcia Young

1st Alternate: Mary Johnson
2nd Alternate: Betty Brandner

Senior Center Department

- Center Director: Ashley Fish
- Food Services Manager: Cora Briggs
- Administrative Secretary: Tiffany Horrocks
- Activities Coordinator: Candie Bonner

SENIOR CENTER CORPORATE BOARD 2019

- President: Dennis Allen
- Vice-President: Perry Rose
- Past President: LaRee Pedro
- Secretary/Treasurer: Marvin Rust
- Historian: Carroll Lee Hicken

Directors: Dee Akerley, John Besendorfer, Inge Lis Djorsing, Betty Jones, Wayne White

From the Director's Desk

It's been ten and one half years ago that my wife and I returned from the Pacific Northwest to "retire" and reside in our beloved and beautiful Heber Valley. At that time I was asked to serve on the board of the not-for-profit corporation, "Wasatch County Senior Citizens, Inc." here at our Senior Center. I accepted.

I have reflected back - on those years since- about the many fine people I have been associated with who have voluntarily served so willingly and generously on our Boards. Back in 2009, Ken LeBlanc was serving as President. Officers and directors serving with him were Doug Merkley and Earl Dayton - both now deceased. Others (in no particular order) were Glen Hicken, Moroni Besendorfer, Martin Bollschweiler, Charles Jenkins, Maxine Carlile, Clare Mahoney, Jerry Duke and Carroll Lee Hicken. Following them have been Roy Daniels, Niles Halley, Laura Ribinsky, Rhonda Sweat, and those currently serving; i.e. LaRee Pedro, Dennis Allen, Perry Rose, Wayne White, John Besendorfer, Marvin Rust, Carroll Lee Hicken, Betty Jones, Dee Akerley and Inge Lis Djorsing. We note that some of these have served on the Board previously. We pay special tribute to Maxine who served *continuously* for well over 25 years, and to Betty and Carroll Lee for many, many years, as well – and still serving! A sincere thank you to each and all of these folks for their remarkable and kind service.

In less than two months it will have been five years ago that I was appointed Director of our delightful Senior Center. It has been my pleasure to work with and be associated with all of these friends and associates listed above. Again, I thank each one.

Also appointed members serving on the "sister" Wasatch County Seniors Advisory Board (since my appointment) have been LaRee Pedro, Sharon Jenkins, Kaye Bonner, Betty Jones, Lee Ammons, Collette Prestwich and Johanna Huijzendveld. As well as those currently serving. We pay tribute to each of them for their remarkable service, as well.

As you saw in last month's letter, our Senior Center has been in existence since the early 1970's. There have been countless unnamed others who have so graciously served on these Boards. We express gratitude to each of them.

This month we will have our annual elections - for new officers and directors of the corporate board – 2020, as directed by the "constitution" of this corporation. As always, we have some fine "members/supporters" who have accepted nominations to serve. Please take the time to vote. (Ballots will be available at the Front Desk from November 4th to the 14th.)

We're looking forward to yet another great year!

Ashley R. Fish

2020 Corporate Advisory Board Elections

Board of Directors for the Wasatch County Senior Citizens, Inc.

(A non-profit Corp) will hold elections for the year 2020:

Starting....November 4th @ 8:30am

Ending....November 14th @ 1:00pm

Voting process/qualifications:

- * Must be a current paid supporter of the Wasatch Senior Center
- * Receive ballot at the front desk
- * Only 1 ballot per person

Vice President/ President Elect : (Vote for 1)	Sandy Hansen Write-In
Secretary/ Treasurer : (Vote for 1)	Marvin Rust (Incumbent) Write-In
Historian: (Vote for 1)	Carroll Lee Hicken (Incumbent) Write-In
3-year Director: (Vote for 1)	Wayne White (Incumbent) Denton Thiede
2-year Director: (Vote for 2)	Dee Akerley (Incumbent) Inge Lis Djorsing (Incumbent) Roy Daniels Dan Rider
1-year Director: (Vote for 2)	John Besendorfer (Incumbent) Cheryl Jones Karen Keeney Laurel Rail Margaret Schloss

To all our Seniors...just a little info from the kitchen. November is here. One more month and we start a new year. Wow, how time has flown by.

November 1st, is All Saints' Day. This day is dedicated to the saints of the Catholic Church that have attained heaven. November 2nd, is All Souls 'Day. It is a day set aside for honoring the dead. This day is primarily celebrated in the Catholic Church, but it is also celebrated in the Eastern Orthodox Church and a few other denominations of Christianity. Then there is the Day of the Dead. It is actually divided into two distinct holidays, the first being Dide los Inocentes, which is dedicated to children on November 1st, and Dide los Muertos on November 2nd, which is the actual Day of the Dead. This is mostly a Mexican holiday focusing on gatherings of family and friends to pray for and remember friends and family member who have died.



We will be having our Thanksgiving Dinner on November 21st. We will be serving turkey with all the trimmings. Come and enjoy your day. I would like to take this time and say "Thank You" to all who help in any way. There are many of you and without your help we could not continue to do what we are doing. Again, thanks to all of you.

Please remember to keep drinking your water. Until next time...Cora Briggs

NOVEMBER FIRESIDES

- November 4:** An Evening of Music with David Ekins
- November 11:** Veteran's Day (Center Closed)
- November 18:** Trumpet & Piano with Barry & Camille Hillam & Friends
- November 25:** Judy Milliner's "Christmastime"

Meals on Wheels

Do you or someone that you care about need meals delivered to your home? The Meals on Wheels program is designed for those who are over the age of 60 years and homebound (do not drive). For more information about the Meals on Wheels program call Tiffany at the Senior Center.
435-654-4920

SPECIAL LUNCH PROGRAMS

- Thursday, Nov 7: Music with "Hired Guns"*
- Tuesday, Nov 12: Medicare and Fraud by Dawn Loper-M.A.G.*
- Thursday, Nov 21: "Thanksgiving Dinner" / Music by WHS Orchestra*
- Tuesday, Nov 26: Wasatch Mental Health by Chad Stubin & Debbie Adams*



HAPPY THANKSGIVING

FREE Piano classes on Thursdays at 9, 10 & 11 a.m. taught by

Christy Ackerson

For an appointment Call 801-864-6403



MEDICARE

It is here at last! Medicare Open Enrollment started October 15th and will continue until December 7th. You might have noticed the increase of Medicare ads on television. They tend to produce a feeling of panic and confusion. The simple fact is: If you are happy with your current plan and have read all of the changes for your plan and it still works for you, you do not have to do anything. Your current plan will continue on through 2020. If you want to compare plans to see if you can get a better deal, use the Medicare Plan Finder at www.medicare.gov. Do not confuse this site with medicare.com sites. The .com sites will take you to sales agents. Do your homework! Make sure your providers are still in network if you have an Advantage plan. Put your medications into the Plan Finder to see the prices you will pay next year. Go over the Annual Notice of Change brochure you received from your plan to discover any changes for 2020 or call the plan directly. Probably most important for your peace of mind, don't wait until December 6 to start your research. Bonnie Lewis and Dawn Loper will be at the Wasatch Senior Center on November 12th to help with enrollments. Please schedule with Tiffany at the Senior Center. You can also call Dawn at Mountainland Association of Governments (801-229-3819). This is a very busy time of year for us, so please be patient. If you want assistance with enrolling in the Extra Help program to help with prescription drug costs, call to see if you might qualify. That program is open all year. Take a deep breath and make sure you are an informed consumer.

DAWN LOPER

SHIP Medicare Counselor

801-229-3819

www.LoveYourLaterLife.org

Obituaries

Bert Davis

Born: October 9, 1942
Died: September 11, 2019
Married: Donna Smithies

Kathleen (Kate) Luke Boswell

Born: March 13, 1953
Died: September 21, 2019
Married: Jack Boswell

Neil Harris

Born: October 23, 1939
Died: September 24, 2019
Married: Bonnie Bown & Joleen Harris

Lois Anderson Hayward

Born: July 30, 1939
Died: September 28, 2019
Married: Gerald Hayward

Connie Johnson Daley

Born: June 28, 1960
Died: September 29, 2019
Married: Daniel Daley

Donald Beaman

Born: April 2, 1933
Died: September 30, 2019
Married: Lynna Bamberger

Anna LaRee Pearson Hunt

Born: March 28, 1922
Died: October 3, 2019
Married: Forrest Hunt

V. Blaine Chambers

Born: July 31, 1948
Died: October 3, 2019
Married: Leslie Chambers

Rita Given Wills

Born: February 20, 1937
Died: October 4, 2019
Married Donald Wills

Cheryl Young Johnson

Born: January 25, 1950
Died: October 5, 2019
Married: Gary Johnson

Mervin Price

Born: February 16, 1936
Died: October 7, 2019

Anita Batty Popp

Born: April 12, 1943
Died: October 7, 2019
Married: Lloyd Popp

Dawna Montgomery McDonald

Born: May 19, 1921
Died: October 9, 2019
Married: Lyn McDonald

Chris Lindsay

Born: March 26, 1959
Died: October 14, 2019
Married: Lynda Harris Lindsay

Neil Mahoney

Born: July 25, 1922
Died: October 18, 2019
Married: Doris Murdock Mahoney

Robert (Ollie) Clyde

Born: December 16, 1955
Died: October 18, 2019
Married: Carolyn Carlile Clyde

Carolyn McKnight Giles

Born: October 5, 1963
Died: October 19, 2019
Married: Kelly Giles



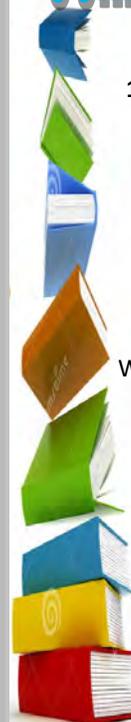
Senior Book Club

This group meets at
**10:30 a.m. on the third
Thursday of each
month.**

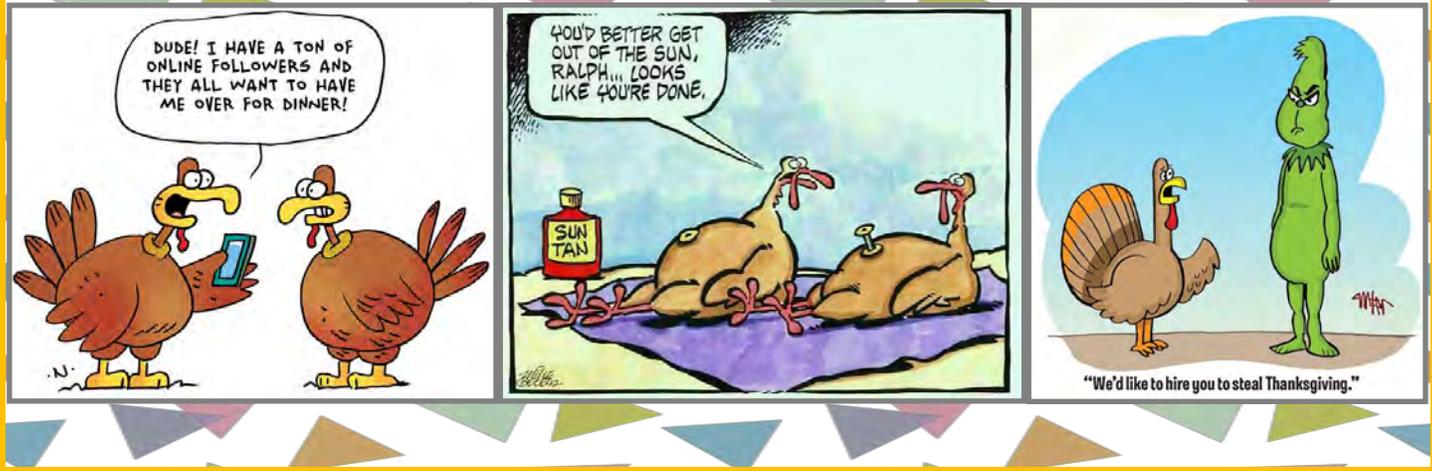
The next meeting will
be on November 21th.

We are currently reading
*Hotel on the Corner of
Bitter and Sweet*
by Jamie Ford

Call the Senior Center
for more information
435-654-4920.



Senior Giggles



Happy Birthday

Vera Nielson	1	Gary Staff	7	Rhea Carlson	13	Anita Allen	20
Gaye McPhie	2	Sharleen Williams	8	Eileen Boshard	14	Kendall Crittenden	20
Carla Fillmore	3	Maxine Carlile	9	Charlene Hicken	15	Wayne Carlson	23
LaRee Pedro	3	Jenny Kanagaratnam	9	Doylene Graham	16	Joyce Clark	24
Blaine Webster	3	Jean Anderson	10	Arlene Horrocks	16	Joseph Young	24
Ann Klonizos	5	Laurie Reed	10	Karen Parcell	16	Kirk Hunsaker	25
Dustin Thomas	5	Evelyn Robertson	11	Suzette Thompson	16	Francis Harrison	26
Vickie Todd	5	David Neil Hilton	12	Ruth Parrish	18	Neal Larsen	29
Pam Ramult	7	Cheryl Long	12	Lee Ammons	19	Phil Lyons	29
						Jeannie Young	30

AARP Utah 2019 Volunteer Appreciation Dinner

Award for Outstanding Community Service Volunteer is presented to



Diana Witt

Diana has given thousands of hours in service to the community in the musical realm, playing the organ at over 240 funerals, acting as an accompanist in more than 50 musicals in local theater, community musical groups, and providing her musical talent to school music groups in the valley. For over 14 years, Diana has accompanied the community's Messiah sing-along and the Wasatch County senior band. When there is a need for a pianist or organist, Diana volunteers her considerable talent cheerfully.



WE'RE ON FACEBOOK!

Wasatch Senior Citizens Center

Senior Treasure Table

The next dates are:

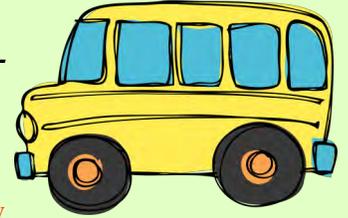
Tuesday, November 5th until

Thursday, November 7th

Any questions please see Lynn Allen

TRIPS & TOURS

To register call Candie @ 435-654-4920 (by the deadline) or sign up & pay at Senior Center. Payments must be made at time of signing up. Current paid members will receive first consideration if space is limited. In the event a trip time/ date needs to change we will let you know ASAP. Tickets & activities are non-refundable unless noted otherwise.



***NOTE: Unless otherwise noted you will be responsible to pay for your own meals while on day trips and/or tours.**

For costs and information on longer Bus Tours, Cruises, & International trips, check the Travel Table at the Senior Center.

Date:	Registration Deadline:	Cost:	Details:
Friday, November 1st	Until Full	\$15	“Senior” Picture Day: Charleston Park
Wednesday, November 6th	Nov. 4th	\$3	“Bunco” Dice Game: Senior Center
Saturday, November 9th	Closed	—	Snow White/Ballet West: Capitol Theatre, SLC
Friday, November 15th	Nov. 1st	\$10 Dinner On Own	BYU Ballet Showcase: Dance Studio Theatre, Provo
Monday, November 18th	Nov. 15th	No Charge Lunch On Own	Lap Walking At Park & Rec, Lunch At Chick’s Cafe
Tuesday, November 19th	Nov. 18th	No Charge	Fire Safety —Wasatch Fire District: Senior Center
Wednesday, November 20th	Nov. 18th	\$3	Roots Of Knowledge: Bingham Gallery, Provo
Tuesday, November 26th	Nov. 4th	\$12	“The Forgotten Carols”: Wasatch High School
Wednesday, December 4th	Nov. 25th	\$10	Festival Of Trees: Sandy
Saturday, December 7th	—	—	Ronnie Milsap: Dejouria Center, Kamas
Thursday, December 12th	Dec. 9th	No Charge	Festival Of Lights: Spanish Fork
Wednesday, December 18th	Nov. 11th	\$10	High Valley Arts “Elf”: Midway Town Hall

