

Monday

Tuesday

Wednesday

Thursday

Friday

MAY 2018 Calendar - Wasatch County Seniors

ALL DAY - EVERY WEEKDAY

Exercising, Reading, Computers, Billiards, Crafts, Piano/Organ, Checkers, Puzzles, Wii games, & socializing

1

10:30 am "Chair Exercise" Class

12:00 Noon - Lunch & Presentation
Chief Dave Booth, Heber City PD

1 pm: Table Games & Ceramics



2 Day Trip to Tulip Festival at Thanksgiving Point

Cost: \$15, includes admission & trans.
(Bus leaves Center at 8:30 a.m.) Chuck-a-Rama dining to follow

3

10 & 11 am, 2 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403

12 noon Lunch & "Cinco de Mayo" Luncheon
Musical Entertainment by David Sandoval

1:00p: Bingo, Ceramics, Cards & billiards

4

9:00 a.m. Water

Exercise/Aqua Fit Wasatch Aquatic Center (thru 5/25/18)
No charge (Meet at Aquatic Center)

7



Day Trip to Family History Center in SLC

No charge
(Bus leaves Sr. Center at 9:00 a.m.)
Lunch at Joseph Smith Memorial Bldg. on your own.
7 p.m. Fireside
Music with the Jonathan Clegg Family

8

10:30 am "Chair Exercise" Class

11a.m. - From M.A.G. - Dawn Loper - "Medicare & Social Security"

12:00 Noon - Lunch & Presentation - "Eagle Project" - Hunter Harrison

1 pm: Table Games & Ceramics

1 p.m. Corp. Board Mtg.

9



Heber Valley Boutiques Ladies "Window Shopping" Trip

No charge
(Bus leaves Sr. Center at 10 a.m.)
Lunch at Midway Merchantile Rest.

10

10 & 11 am, 2 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403

11am Symbii H. Care - BP/Glucose checks

12 Noon - "Mother's Day" Luncheon

Musical Entertainment by Waldis Bradley Duo - piano and vocals
1:00p: Bingo, Ceramics, Cards & billiards

4:00 p.m. "Caregivers" Chat Time Sr. Ctr. Lounge Area.

11 9:00 a.m.

Water Exercise/Aqua Fit Wasatch Aquatic Center
No charge (Meet at Aquatic Center)



14

7 p.m. Fireside

An Evening of Music with the Magalei Family

15

10:30 am "Chair Exercise" Class

9:00 a.m. Breakfast
(visiting & socializing)
(No lunch today)

10 a.m. "Tie Dye" Crafting
At Senior Center
No charge

1 pm: Table Games & Ceramics

16

17

10 & 11 am, 2 "Piano Classes for Seniors" Contact: Christy Ackerson(801)-864-6403

10:30 a.m. "Senior Book Club"

11 a.m. Applegate Home Care BP & glucose checks

12:00 p.m. Lunch & Presentation
Jill Duke - "Brain Health"

1:00p: Bingo, Ceramics, Cards & Billiards

1:30 pm - County Advisory Board

18 9a.m. Aqua Fit

12:45 p.m. Visit Heber Air Museum -
No charge
Bus leaves at 12:45p - (Ice Cream at Kohler's, in Midway, after - on your own)

11 a.m. (Tomorrow) Hale Center Theater in SLC - "Music Man"
(Bus leaves at 11 a.m.)
Dine at Chuck-a-Rama

21

7 p.m. Fireside

"M&M's" Seniors Band

22

10:30 am "Chair Exercise" Class

12:00 Noon - Lunch

1 p.m. "Tie Dye" Crafting
(Complete Projects)

1 pm: Table Games & Ceramics

23



Picnic/Box Lunch at "Big Springs" Park - Vivian Park

Cost: \$3.00
(Bus leaves Center at 10:30 a.m.)

24

10 & 11 am, 2 "Piano Classes for Seniors" Contact: Christy Ackerson(801)-864-6403

12:00 Noon - "Memorial Day" Luncheon

Musical Entertainment by "Country Sunset" Band

1:00p: Bingo, Ceramics, Cards & Billiards

25

9:00 a.m. Water

Exercise/Aqua Fit Wasatch Aquatic Center
No charge (Meet at Aquatic Center)

28 CLOSED



HOLIDAY (No Fireside)

29

10:30 am "Chair Exercise" Class

12:00 Noon - Lunch & Presentation "Meet the Local Candidates"

1 pm: Table Games & Ceramics

30



Hill Air Force Base "Aerospace" Museum

Trans. \$6.00
(Bus leaves Sr. Center at 9:30 a.m.)
Lunch on your own

31

10 & 11 a.m. 2 "Piano Classes for Seniors" Contact: Christy Ackerson(801)-864-6403

12:00 Noon - Lunch & Presentation

"New" Rocky Mountain Care Center - Construction Update by Administrator, Jon Hammond

1:00p m: Bingo, Ceramics, Cards & Billiards