

	Monday	Tuesday	Wednesday	Thursday	Friday
May 2015 – CONGREGATE & MEALS & MEALS ON WHEELS (NOTE: "CONGREGATE MEALS" EMPHASIS WILL BE ON TUESDAYS & THURSDAYS) WASATCH COUNTY SENIOR CENTER PHONE: 435-654-4920					<i>Note: Meals are subject to change without notice</i>
	NOTE: <i>Eating here at the Senior Citizens is a lot of fun! The visiting and sociality is great and is one of our main purposes. The food is delicious also! COME AND JOIN in WITH US.</i>	NOTE: <i>Meals are funded by: State of Utah Dept. of Human Services, Mountainland Association of Governments, and Wasatch County, along with Seniors' Donations.</i>	FYI – RE: <i>Congregate Meals: Even though we are currently focusing mainly on Tuesdays & Thursdays, Cong. Meals are also available here on Mondays, Wednesdays and Fridays. Call in advance to reserve.</i>		1 FISH DINNER Potatoes & Gravy, Mixed Vegetables, Orange Wedge Roll & Margarine, 1% Milk
4	4 SALISBURY STEAK , Potatoes, Carrots, Banana, Roll & Margarine, 1% Milk	5 (1) <u>Congregate Meal:</u> TACO BAR (2) <u>Meals on Wheels:</u> , BURRITO, Beans, Tator Tots, Chips, Salsa, Watermelon, Roll & Margarine, 1% Milk	6 LASAGNA , Corn, Pears, Cottage Cheese, Garlic Toast, 1% Milk	7 (1) <u>Congregate Meal:</u> BAKED CHICKEN BREAST (2) <u>Meals on Wheels:</u> CHICKEN CUTLET , Potatoes & Gravy, Peas, Tropical Fruit, Roll & Marg., 1% Milk	8 CHEF SALAD W/DRESSING , Orange Wedge, 1% Milk 
	11 PORK CHOP , Potatoes & Gravy, Broccoli, Applesauce, Roll & Margarine, 1% Milk	12 (1) <u>Congregate Meal:</u> BEEF STROGANOFF (2) <u>Meals on Wheels:</u> , BEEF-N-RICE MEDLEY, Carrots, Tropical Fruit, Roll & Margarine, 1% Milk	13 CREAMY CHICKEN PASTA , Green Beans, Tapioca, Peaches, Roll & Margarine, 1% Milk	14 (1) <u>Congregate Meal:</u> SLOPPY JOES (2) <u>Meals on Wheels:</u> TURKEY W/DRESSING , Potatoes & Gravy, Peas, Fruit Cocktail, Roll & Margarine, 1% Milk	15 STUFFED GREEN PEPPERS , Red Potatoes, Mixed Vegetables, Pears, Cottage Cheese, Roll & Margarine 1% Milk
	18 BEEF STROGANOFF over NOODLES , Green Beans, Peaches, Cookie, Roll & Margarine, 1% Milk	19 (1) <u>Congregate:</u> BREAKFAST (2) <u>Meals on Wheels:</u> , CHICKEN CORDON BLEU, Potatoes & Gravy, Peas & Carrots, Pears, Roll & Margarine, 1% Milk	20 CRUNCH TOP HAM AND POTATO CASSEROLE , Mixed Vegetables, Banana, Roll & Margarine, 1% Milk	21 (1) <u>Congregate Meal:</u> SPAGHETTI (2) <u>Meals on Wheels:</u> SPAGHETTI W/MEAT SAUCE , Corn, Salad, Orange Wedge, Garlic Toast, 1% Milk	22 HAM SANDWICH , Potato Salad, Apple Wedge, 1% Milk
	25 CLOSED MEMORIAL DAY HOLIDAY 	26 (1) <u>Congregate:</u> CREAMY CHICKEN PASTA (2) <u>Meals on Wheels:</u> , CHICKEN FRIED STEAK, Potatoes & Gravy, Carrots, Peaches, Roll & Margarine, 1% Milk	27 MACARONI AND BEEF , Green Beans, Tropical Fruit, Roll & Margarine, 1% Milk	28 (1) <u>Congregate:</u> POTATO BAR , (2) <u>Meals on Wheels:</u> , BBQ RIBLET, Mac & Cheese, Baked Beans, Applesauce, Roll & Margarine, 1% Milk	29 CHICKEN STRIP , Potatoes & Gravy, Peas, Pears, Cottage Cheese, Roll & Margarine, 1% Milk