

Wasatch County Seniors Newsletter

Open M-F 8:30 am—4:00 pm 🍀 465 E 1200 S Heber City, Utah 🍀 Phone: 435-654-4920



SPOTLIGHT

Larry Finnegan

Every Story has a beginning, middle and end. Here is a synopsis of the beginning and middle of my story. The end is yet to be written:

The long journey to get me where I am today began in Park City on August 8, 1937. Sometimes the trip was a little bumpy but most of the time is rewarding and adventurous. I was the third of six children born to William and Bernice Mair Finnegan. I can proudly say, Like so many locals, I'm a descendent of William and Mary Murray Murdoch. Mary, known as "Wee Granny" is remembered for her brave struggle to reach Utah from Scotland. Traveling with the Martin Handcart Company, she perished near Chimney Rock, Nebraska on October 3, 1856.

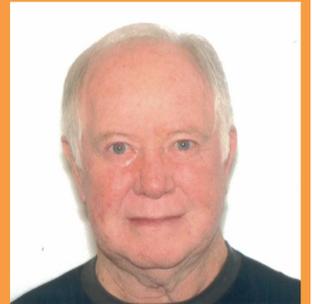
The first 12 years of my life were spent roaming the hills around Park City. After I finished seventh grade the family moved to Heber. I graduated Wasatch High, Class of "55", and moved to Salt Lake to become a member of the "working population". I married Carolyn Spencer, a daughter of Farrell "Spence" and Etheawin Carroll Spencer. Together we raised three children, MiKell, Lisa and Brian. Brian and his family live in Heber. His sisters and their families still live in the Seattle area.

After five years as a reporter for the Deseret News, I moved into the television news arena in Salt Lake; first with KCPX-TV then KSL-TV. In 1967 I moved my family to Seattle to work in television news again at KIRO-TV. I switched directions again in 1974 to work in the public relations and employee communications field for The Boeing Company. I retired in 1995, after 25 years with the company.

When we moved to Seattle, Carolyn and I only planned to stay for no more than two years. We loved it there and stayed for 46 years. Sadly she passed in 2001 at the age of 59.

I served in the Air Force Reserve for 25 years, retiring in 1998. Professionally, I was a member of the Society of Professional Journalists and International Association of Business Communicators. My military and professional associations enabled me to visit 11 countries on three continents, including a brief (very brief) tour as a reporter/photographer for KSL in Vietnam. I have crossed paths with so many kind and inspiring people. I'm grateful to each of them for the influence they've had on my life.

Someone once told me that "many people pass quickly through our lives and are soon forgotten. Others leave footprints on our hearts that remain forever". Thank you for reading the brief first chapters of "My story".



Senior Center Department

- Center Director:
Ashley Fish
- Food Services Manager:
Cora Briggs
- Administrative Secretary:
Tiffany Horrocks
- Activities Coordinator:
Candie Bonner

COUNTY ADVISORY BOARD 2019

- Chair: Jim Kohler
 - Vice-Chair: Tom Melville
 - Secretary: Marcia Young
- Regular Members:
Sidney Ellingford, Steve Farrell (County Council Rep.), Mary Johnson, Jim Kohler, Raneva Lemon, Linda Middleton, Rick Tatton, Marcia Young
- 1st Alternate: Betty Brandner
2nd Alternate: Tom Melville

SENIOR CENTER CORPORATE BOARD 2019

- President: Perry Rose
 - Vice-President: Sandy Hansen
 - Past President: Dennis Allen
 - Secretary/Treasurer: Marvin Rust
 - Historian: Carroll Lee Hicken
- Directors:
Dee Akerley, John Besendorfer, Roy Daniels, Cheryl Jones, Wayne White



From the Director's Desk

A "housekeeping" item this month.

As most of you know, the physical plant of our Senior Center/Library is owned and operated by Wasatch County. Janitorial service and maintenance is completed under the direction of the County's Public Works Dept.

Opening in 2003, our Senior Center has been an integral part of our community for many years. At that time (nearing 20 years ago) our Tuesday and Thursday lunch crowd was regularly only 25-40 seniors and existing parking was sufficient to serve that number.

As population of our County has dramatically increased, similarly so has our "seniors" demographic. Today we typically serve 65-90 seniors at our Tuesdays and Thursdays luncheons; sometimes more. At last November's Thanksgiving's Dinner meal we had 140 diners that day. At a recent lunch with a "salad bar" menu we had some 97 diners. There are 3-4 times more people and about the similar number of vehicles parked in the parking lot than when we first opened!

With more people frequenting the Library, too, parking space in front is now at a premium at certain times of the day.

For the past several months now we have heard inquiries from many of you as to *why* we don't have more "handicapped" parking spaces allocated to our parking lots around the Senior Center. My response has been and continues to be that, "the subject *has been addressed* with County officials and our liaison members of the County Council". It is ultimately not my decision as to whether more "handicapped" parking spaces can/will be added.

NOTE: With the new "addition" to the adjacent Library complex (completed last year, on the west side of the Sr. Center/Library campus) there were added a "no-steps", sloped sidewalk leading from the parking lot to the Center, as well as 12 additional parking spaces. To avoid congestion in the parking lot at the front of the Center, we encourage you to use these parking spaces and enter at one of the entrances located on the immediate (courtyard) south or west side of the Senior Center.

We also encourage you to use our "lunch bus(es)" that picks up and returns diners. There is no charge for this and we currently have plenty of seating space. For details about this complimentary service, please speak with me, or Tiffany - at the Front Desk.

Ashley R. Fish

MEDICARE



Scammers sometimes pretend to be government officials to get you to send them money. They might promise lottery winnings if you pay "taxes" or other fees, or they might threaten you with arrest or a lawsuit if you don't pay a supposed debt. Regardless of their tactics, their goal is the same: to get you to send them money. **Don't do it.** Federal government agencies and federal employees don't ask people to send money for prizes or unpaid loans. Nor are they permitted to ask you to wire money or add money to a prepaid debit card to pay for anything. It could be hard to recognize an imposter through the lies they tell. They use a variety of tricks to get your attention, whether it's distracting you with a story about money you won or creating a fear that you'll be sued or arrested. Variations on these scams include people claiming to be with the IRS collecting back taxes, or scammers posing as representatives of the United States Citizenship and Immigration Service (USCIS) who target immigration applicants and petitioners. 1-Don't wire money, 2-Don't pay for a prize, 3-Don't give the caller your financial or other personal information, 4-Don't trust a name or number-No legitimate government official will ask you to send money to collect a prize, 5-Put your number on the National Do Not Call Registry. If you have questions on scams or Medicare, please call Dawn Loper, Medicare SHIP counselor at Mountainland Association of Governments (MAG) at 801-229-3819. Dawn will be at the Wasatch Senior Center on Tuesday, March 10, 2020. Please call to make an appointment if you have questions or require assistance.

DAWN LOPER
SHIP Medicare Counselor
801-229-3819
www.LoveYourLaterLife.org



Happy Birthday

Dee Akerley	2	Jane Meeks	8	Cynthia Carlile	17	Geniel Bortz	26
Gail Allen	2	Joan Duke	12	Dwayne Meeks	18	LeeAnn Cooper	27
Myrna Kowallis	2	Craig Hansen	12	Bob Azlin	19	Ruthie Lugton	27
Kyle Probst	2	Cary Hobbs	12	Jane Davis	21	Jorgene Wilson	27
Diane Miller	4	Wanda McDonald	14	Jerry Duke	21	Phyllis Hronek	28
Judith Battaglia	7	Carolyn Ritchie	14	Perry Rose	21	Steven Bowers	30
Jolene Cox	8	Kathryn Tingey	16	Joe Knight	22	Susan Kohler	30
Liesa Cox	8			David Rimington	25	Pat Broadhead	31

AIRPORT

Tom Melville, an Advisory Board member of our Senior Center, is a member of the citizens committee for the airport master plan project. Anyone who has a comment or question about the airport can contact Tom by phone or email. He will direct your issue to the right person and get you a response.



thomasgmelville@yahoo.com

435-654-5401

Obituaries

Jerry Lee Bradshaw
Born: October 22, 1937
Died: February 7, 2020
Married: Charlotte Bradshaw

William Stephen Sprackland
Born: November 15, 1952
Died: February 13, 2020
Married: Liz Sprackland

Alonna Hemmert Cook
Born: September 12, 1941
Died: January 27, 2020
Married: Merrill V. Cook

Sarah M Kutschkau
Born: March 30, 1959
Died: February 8, 2020
Married: Randall Kutschkau

Val Dee Warnick
Born: March 23, 1950
Died: February 20, 2020
Married: Susan Wardell Warnick

Hellen Venola Cowley Williams
Born: September 18, 1927
Died: January 27, 2020
Married: Richard Shelton

Luella Thacker Hellewell
Born: January 25, 1919
Died: February 9, 2020
Married: Dave Martin Hellewell

Blanche Beverly Beard Clark
Born: August 28, 1942
Died: February 21, 2020
Married: Ted A Clark

Radley Moon Lewis
Born: April 4, 1932
Died: February 1, 2020
Married: Nancy Mangum

Sherma Lou Morris Burgener
Born: November 22, 1939
Died: February 10, 2020
Married: Glen Cluff Burgener

Randall Jay Thackeray
Born: November 22, 1956
Died: February 2, 2020
Married: Mary Lou Hogue

Kathleen L Heller
Born: November 23, 1942
Died: February 10, 2020
Married: Dean Heller



Cora's Kitchen

To all our Seniors...just a little info from the kitchen. March has arrived and we will march on. On Sunday, March 8th, we will spring forward. Remember to set your clocks ahead one hour.

Thank you to Ken and Mary LeBlanc for their kind generosity of fixing gumbo for our Mardi Gras party. Fun was had by all.

March 17th is Saint Patrick's Day. It is also the day we serve breakfast. Come and enjoy our first ever St. Paddy's Breakfast. We serve breakfast at 10:00 am.



- May the road rise up to meet you.
- May the wind be always at your back
- May a rainbow be certain to follow each rain.
- May the rain fall softly upon your fields. And the sun shine warm upon your face.
- Top of the mornin' to you...(and the rest of the day to 'me self!)
- May there always be work for you to do.
- May your purse always hold a coin or two.
- May the sun always shine on your windowpane.
- May the hand of a friend always be near you.
- May God fill your heart with gladness to cheer you.



Remember to drink your water. Until next time, take care...Cora Briggs

FIRESIDES

Monday evenings at 7:00 p.m.

- March 2: "Harp Irish" Dance Company
- March 9: Heber Valley Choir & Orchestra
- March 16: Music with Ellie Gallagher & Friends
- March 23: "Way Cool Band" (of SLC)
- March 30: Music & Fun with Cary Hobbs & Friends.



Wasatch County Caregiver Support and Education

Support Group meets at 4:00 pm the 2nd Thursday of each month.
Wasatch Senior Center,
465 E 1200 S, Heber
435-654-4920

SPECIAL LUNCH PROGRAMS

- Thursday, March 5: *Music by WHS Orchestra*
- Tuesday, March 10: *"Scams and Fraud" –Dawn Loper of M.A.G.*
- Thursday, March 12: *"Wills & Trusts" by W. Steven Everett*
- Tuesday, March 17: *"Sing Along" with Donna, Laural, Barbara, Patsy & Raneva*
- Tuesday, March 24: *"Living with Alzheimers" with Ken Scown*
- Tuesday, March 31: *"Living Alternatives" – Staff of Spring Gardens*



WEEKDAYS

EVERY WEEK DAY:

Billiards, Table Games, Computers,
Chess, Checkers, Exercise Room,
Reading, Puzzles

Tuesdays:

10:30 am: Chair Exercise Class

1:00 pm: Table Games, Ceramics, Billiards

Thursdays:

9:00, 10:00 & 11:00 am: Piano Classes taught
by Christy Ackerson. Call to schedule a
lesson 801-864-6403

1:00 pm: Bingo, Ceramics, Billiards

Fridays:

1:00 pm: Bridge Group

Senior Book Club



This group meets at

**10:30 am on the third Thursday of
each month.**

The next meeting will be on

March 19.

We are currently reading:

The Girl with Seven Names

by Hyeonseo Lee

Call the Senior Center for more
information 435-654-4920.

**FREE Piano classes on
Thursdays at 9, 10 & 11 am taught by**

Christy Ackerson

**For an appointment
Call 801-864-6403**



**FREE assistance
with income tax preparation
AARP TAX AIDE**

**Call the Senior Center for an appointment.
435-654-4920**

***Available on Wednesday's until the
end of March or Full.**

Senior Treasure Table

Tues March 3rd & Thurs March 5th

- ◆ This table is for Seniors ONLY!
- ◆ **NO LARGE** items Please
- ◆ Have fun taking home some Treasures!
- ◆ Everything is **FREE.**
- ◆ Meet you at the Treasure Table every month.

Any Questions, see Lynn Allen



Activities, Programs & Events



TRIPS & TOURS

To register call Candie @ 435-654-4920 (by the deadline) or sign up & pay at Senior Center. Payments must be made at time of signing up. Current paid members will receive first consideration if space is limited. In the event a trip time/ date needs to change we will let you know ASAP.

Tickets & activities are non-refundable unless noted otherwise.

***NOTE: Unless otherwise noted you will be responsible to pay for your own meals while on day trips and/or tours.**

For costs and information on longer Bus Tours, Cruises, & International trips, check the Travel Table at the Senior Center.



Date:	Registration Deadline:	Cost:	Details:
Wednesday, March 4th	March 3rd	\$7 Snacks- On One's Own	Scera Movie Theatre: Provo
Wednesday, March 11th	Closed	\$25 Dinner- On One's Own	"Little Shop Of Horrors" Production: BYU, Provo
Friday, March 13th	March 12th	\$2 Lunch- On One's Own	Road Island Diner Luncheon: Oakley
Monday, March 16th	March 12th	\$26 Lunch- On One's Own	Leonardo Museum—Pompeii Exhibit: SLC
Friday, March 20th	Until Full	\$2 Per Coaster	Tile Coaster Making Class: At Senior Center
Wednesday, March 25th	Closed	—	Eccles "Shen Yun": SLC
Saturday, March 28th	Closed	\$47 Lunch- On One's Own	BYU Young Ambassador 50th Anniversary w/ Marie Osmond Celebration: Provo
Wednesday, April 1st	March 2nd	\$52 Dinner- On One's Own	Hale Theatre—"Strictly Ballroom": Sandy
Wednesday, April 29th	Until Full	\$20 Includes Buffet	Day Trip—Wendover, NV
Monday-Tuesday June 29-30th	April 30th	\$130 Single Room \$95 Double Room \$82 Triple Room	Overnight Trip: Bear Lake & Pickleville Playhouse: Garden City, UT

