

Monday	Tuesday	Wednesday	Thursday	Friday
JULY 2015 Calendar - Wasatch County Seniors				06/24/15
				
<p><i>“Health & Mobility” Fitness Group meets <u>Tuesdays and Thursdays</u> -- at 12:45 pm. - in Game Room</i></p>	<p><u>ALL DAY EVERY WEEKDAY</u> Billiards, Exercise Room, Reading, Computers, Socialization, Puzzles, Chess & Checkers</p>	<p>1 <u>1:00 Craft and Scrapbooking class</u> <u>7 p.m. “Art Classes for Seniors”</u> with Lisa Gardner - call 654-4920</p>	<p>2 <u>10 & 11 am.</u> 2 “Piano Classes for Seniors. Contact: Christy Ackerson <u>12:00 Lunch</u> (visiting & socializing) <u>1:00 p:</u> Bingo, Ceramics, Chess, Billiards & Handwork</p>	<p>3 4TH OF JULY Holiday Center is Closed</p>
<p>6</p> 	<p>7 <u>12:00 Noon –Lunch – & 4th of July Patriotic Musical “Sing-a-long” Program</u> <u>12:30p:</u> Table Games <u>1:30p</u> “Sassy Tappers” (Tap dance classes for Seniors) <u>All Day:</u> Billiards and other chosen activities</p>	<p>8 <u>7 p.m. “Art Classes for Seniors”</u> with Lisa Gardner - call 654-4920</p>	<p>9 <u>10 & 11 am.</u> 2 “Piano Classes for Seniors” Contact: Christy Ackerson <u>12:00 Noon – Lunch & Music (With Bob Hodson – vocal & piano)</u> <u>1:00 p:</u> Bingo, Ceramics, Chess, Billiards & Handwork <u>4:00 pm:</u> “Caregivers ‘Chat Time’” – in the Lounge Area.</p>	<p>10</p>
<p>13</p>  <p>THANK YOU</p>	<p>14 <u>12:00 Noon – Lunch - & Program –</u> <u>Rocky Mtn. Care Center</u> <u>12:30p:</u> Table Games <u>12:45p Fall and Balance Training</u> <u>1:30p</u> “Sassy Tappers” (Tap dance classes for Seniors)</p>	<p>15 <u>NOTE CHANGE!</u> <u>Day Trip & Chuck-a-Rama Lunch - Provo</u> (bus leaves at 10:30a) <u>7 p.m. “Art Classes for Seniors”</u> with Lisa Gardner - call 654-4920</p>	<p>16 <u>10 & 11 am.</u> 2 “Piano Classes for Seniors” Contact: Christy Ackerson <u>12:00 Noon – Box Lunch & Musical Program at Soldier Hollow Resort</u> <u>1:00 p:</u> Ceramics & Billiards</p>	<p>17 Hale Ctr. Theatre “Into the Woods” & dinner @ Chuck-a- Rama (tomorrow in Orem - bus leaves at 2pm.)</p>
<p>20</p> 	<p>21 <u>9:00 a.m. – Breakfast (No lunch today)</u> <u>12:30p:</u> Table Games <u>1:30p</u> “Sassy Tappers” (Tap dance classes for Seniors)</p>	<p>22 <u>7 p.m. “Art Classes for Seniors”</u> with Lisa Gardner - call 654-4920</p>	<p>23 <u>10 & 11 am.</u> 2 “Piano Classes for Seniors” Contact: Christy Ackerson <u>11:00a: Applegate HC:</u> Blood pressure and glucose checks <u>12 Noon – Lunch & Musical “Program” (by LDS Young Women – from Las Vegas)</u> <u>1:00 p:</u> Bingo, Ceramics, Chess, Handwork, & Billiards</p>	<p>24</p>  <p>Pioneer Day Holiday (Center is Closed)</p>
<p>27 July is: *National Blueberry Month *National Anti-Boredom Month *Unlucky for Weddings *National Cell Phone Courtesy Month *National Hot Dog and *National Ice Cream Month</p>	<p>28 <u>12:00 Noon – Lunch & Presentation – Attorney Tom Kestler – Topic: “Handling ‘Advance Directives’”</u> <u>12:30p:</u> Table Games <u>12:45p Fall and Balance Training</u> <u>1:30p</u> “Sassy Tappers” (Tap dance classes for Seniors) activities</p>	<p>29 <u>10 a.m.</u> Day Trip & Chuck-a-Rama Lunch “Living Aquarium” in Draper (bus leaves Ctr. at 10 a.m.) <u>7 p.m. “Art Classes for Seniors”</u> with Lisa Gardner - call 654-4920</p>	<p>30 <u>10 & 11 am.</u> 2 “Piano Classes for Senior. Contact: Christy Ackerson <u>12:00 Noon - Lunch</u> (Visiting and Socializing) <u>1:00 p:</u> Bingo, Ceramics, “Handwork” & Billiards</p>	<p>31 <u>CLOSED AT NOON</u></p> 