

Monday	Tuesday	Wednesday	Thursday	Friday
JANUARY 2020 Calendar - Wasatch County Seniors Citizens				
<p><i>ALL DAY – EVERY WEEKDAY</i> <i>Exercising, Reading, Computers, Billiards, Piano/Organ, Checkers, Puzzles, Wii Video Games and Socializing</i></p>		<p>1</p> <p>NEW YEARS DAY</p> <p>(CENTER CLOSED)</p>	<p>2</p> <p>9, 10 & 11 am. 3 “Piano Classes for Seniors” Contact: Christy Ackerson (801) 864-6403</p> <p>11am Canyon Care Home Health – BP & Glucose checks</p> <p>12 Noon – Lunch & Music by the RMMS Orchestra & Choir</p> <p>1:00p.m. Bingo, Ceramics, & Billiards</p>	<p>3 1 p.m. Bridge “Seussical” – Hale Center Theater – in Sandy (Lunch at The Sizzler – on one’s own) Cost: \$48 includes trans & admission (Bus leaves the Sr. Center at 10 a.m.)</p> <p>Tomorrow >>>>></p>
<p>6</p> <p>1 p.m. “Movie at the Senior Center – “Annie” (No charge)</p> <p>NO FIRESIDE</p>	<p>7</p> <p>10:30am “Chair Exercise” Class</p> <p>12 Noon - Lunch & Music by the RMMS Band</p> <p>1:00 a.m. Table Games, Billiards</p>	<p>8</p> <p>Lunch at “Mirror Lake” Diner, in Kamas Cost: \$2 (Lunch on one’s own) (Bus leaves the Center at 11 a.m.)</p> <p>12-5 p.m. Red Cross Blood Drive</p>	<p>9</p> <p>9, 10 & 11 am. 3 “Piano Classes for Seniors” Contact: Christy Ackerson (801) 864-6403</p> <p>11:00 am. Symbii Home Health BP & Glucose checks</p> <p>12 Noon – Lunch & Presentation – Melissa Werner - Applegate HH&H</p> <p>1:00p.m. Bingo, Ceramic & Billiards</p> <p>4 p.m. Caregivers “Chat” Group</p>	<p>10</p> <p>1:00 p.m. - “Bridge” (Cards) at the Center</p>
<p>13</p> <p>NO FIRESIDE</p>	<p>14</p> <p>10:30am “Chair Exercise” Class</p> <p>12 noon Lunch & Presentation – Dawn Loper – M.A. G.</p> <p>1 p.m. “Cooking for 1 or 2” w/Tricia Mathis (No charge)</p> <p>1:00 p.m. Table Games & Billiards</p> <p>1:00 p.m. Corporate Board Mtg.</p>	<p>15</p>	<p>16</p> <p>9, 10 & 11 am. 3 “Piano Classes for Seniors” Contact: Christy Ackerson (801) 864-6403</p> <p>10:30 am “Seniors Book Club”</p> <p>11:00 am. Applegate Home Health BP & Glucose checks</p> <p>12 noon – Lunch & Presentation by Coleen Oshier - “Properly disposing of medications”</p> <p>1:00p.m. Bingo, Ceramics, & Billiards</p> <p>1:30 p.m. County Advisory Board Mtg.</p>	<p>17</p> <p>1:00 p.m. - “Bridge” (Cards) at the Center</p>
<p>20</p> <p>MLK JR. HOLIDAY</p> <p>(CENTER CLOSED)</p>	<p>21</p> <p>10:30am “Chair Exercise” Class</p> <p>12 Noon - Lunch & Presentation by – Jim Lolley - Elk Meadows Retirement Center</p> <p>1:00 a.m. Table Games, Billiards</p>	<p>22</p> <p>1:00 p.m. “Reflexology” Class – w/Bridget (at the Sr. Center)</p>	<p>23</p> <p>9, 10 & 11 am. 3 “Piano Classes for Seniors” Contact: Christy Ackerson (801) 864-6403</p> <p>11:00 am. Encompass Home Health BP & Glucose checks</p> <p>12 Noon - Lunch & Music w/ Cary Hobbs & Friends</p> <p>1:00p.m.: Bingo, Ceramics, & Billiards</p>	<p>24</p> <p>9 a.m. “Men’s Breakfast Club” At Chick’s Café (on one’s own)</p> <p>1:00 p.m. - “Bridge” (Cards) at the Center</p>
<p>27</p> <p>NO FIRESIDE</p>	<p>28</p> <p>10 :00 am BREAKFAST Presentation. – A.T. Stoddard Transit Study (No lunch today)</p> <p>10:30am “Chair Exercise” Class</p> <p>11:00 a.m. Table Games & Billiards</p> <p>\$5 Matinee Movie at Cinemark- in Orem (Bus leaves the Center - TBD)</p>	<p>29</p>	<p>30</p> <p>9, 10 & 11 am. 3 “Piano Classes for Seniors” Contact: Christy Ackerson (801) 864-6403</p> <p>12 Noon - Lunch & Pres. – Victoria Royeton – “Senior Companion”</p> <p>1:00p.m.: Bingo, Ceramics & Billiards</p>	<p>31</p> <p>1:00 p.m. - “Bridge” (Cards) at the Center</p> <p>Howie Mandel in Concert at the Dejoria Center, in Kamas Cost: \$60 (Bus leaves Center at 6:45 p.m.)</p>