

april

2019

Mon.	Tue.	Wed.	Thu.	Fri.
<p>1</p> <p>11:00 am Chair "Yoga" Class</p> <p>4:00 pm Provo Pioneer Village "Founders Day" Celebration Cost \$5- Lunch TBD (On one's Own)</p> <p>7:00 pm Fireside Music w/Jared Rigby and Family</p>	<p>2</p> <p>10:30 am "Chair Exercise" Class</p> <p>10:30 am Computer Class</p> <p>11:00 am NO Chess Club</p> <p>12:00 pm Lunch & Presentation- Colleen Oshier, of WA CO Health Dept.</p> <p>1:00 pm Table Games</p>	<p>3</p>	<p>4</p> <p>9, 10 & 11 am "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403</p> <p>12:00 pm Lunch & Presentation Heather Hellberg- Audiologist</p> <p>1:00 pm Bingo, Ceramics, Billiards</p>	<p>5</p> <p>Tomorrow </p> <p>5:45 pm Ballet West II at the DeJoria Center in Kamas</p> <p>Cost \$18 (transportation & admission)</p>
<p>8</p> <p>11:00 am Chair "Yoga" Class</p> <p>10:30 am Caregiver's Support Group "Lunch Brunch"</p> <p>12:30 pm Movie "Batteries Not Included" (Pizza & Beverage)</p> <p>7:00 pm Fireside Music w/ Natalie Johnson and Amy Andersen</p>	<p>9</p> <p>10:30 am "Chair Exercise" Class</p> <p>10:30 am Computer Class</p> <p>11:00 am Chess Club Contact Steve Bowers 435-222-8391</p> <p>12:00 pm Lunch & Program "M&M's" Seniors Band</p> <p>1:00 pm Table Games</p> <p>1:00 pm Corp Adv Board Meeting</p>	<p>10</p> <p>9:00 am Tracy Aviary & Botanical Garden (in SLC)</p> <p>Cost \$7 Lunch at Bird Feeder Café (on one's own)</p>	<p>11</p> <p>9, 10 & 11 am "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403</p> <p>11:00 am Symbii H. Health- BP & Glucose checks</p> <p>12:00 pm Lunch & Presentation "Introduction to Localscapes"- Ashley Simmons, of Central Utah Water</p> <p>1:00 pm Bingo, Ceramics, Billiards</p>	<p>12</p>
<p>15</p> <p>8:45 am "Tulip Festival" at Thanksgiving Point Cost \$20 includes transportation & admission (Lunch on one's own)</p> <p>11:00 am Chair "Yoga" Class</p> <p>7:00 pm Fireside Country Music with the "Aspen Gold" Band</p>	<p>16</p> <p>9:00 pm BREAKFAST (No Lunch Today)</p> <p>10:00 am Table Games</p> <p>10:30 am "Chair Exercise" Class</p> <p>10:30 am Computer Class</p> <p>11:00 am NO Chess Club</p>	<p>17</p>	<p>18</p> <p>9, 10 & 11 am "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403</p> <p>10:30 am "Seniors Book Club"</p> <p>11:00 am Applegate Home Health- BP & Glucose checks</p> <p>12:00 pm "Easter Luncheon" & "Name that Tune" Social (Raneva Lemon & Gang)</p> <p>1:00 pm Bingo, Ceramics, Billiards</p> <p>1:30 pm County Advisory Board Mtg</p>	<p>19</p>
<p>22</p> <p>11:00 am Chair "Yoga" Class</p> <p>7:00 pm Fireside Folk Music with The Johnson Creek Band</p>	<p>23</p> <p>10:30 am "Chair Exercise" Class</p> <p>10:30 am Computer Class</p> <p>11:00 am Chess Club Contact Steve Bowers 435-222-8391</p> <p>12:00 pm Lunch & Presentation- Barbara Moore "Gun Locks for Suicide Prevention"</p> <p>1:00 pm Table Games</p> <p>1:00 pm "Cooking for 1-2" Tricia Mathis- USU Extension Office</p>	<p>24</p> <p>10:00 am "Scenic Drive" around Heber Valley & Lunch at Soldier Hollow Grill (on one's own)</p>	<p>25</p> <p>9, 10 & 11 am "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403</p> <p>12:00 pm Lunch & Presentation Matt Brower, Heber City Mgr. & Dave Booth, Police Chief</p> <p>1:00 pm Bingo, Ceramics, Billiards</p>	<p>26</p> <p>9:00 am Men's "Breakfast Club" meet at "The Hub" Café (on one's own)</p>
<p>29</p> <p>11:00 am Chair "Yoga" Class</p> <p>7:00 pm Fireside An Evening of Music and Fun with Cary Hobbs and Friends</p>	<p>30</p> <p>10:30 am "Chair Exercise" Class</p> <p>10:30 am Computer Class</p> <p>11:00 am Chess Club Contact Steve Bowers 435-222-8391</p> <p>12:00 pm Lunch & Program "In Cahoots" Country Music & Fun</p> <p>1:00 pm Table Games</p>	<p>ALL DAY – EVERY WEEKDAY</p> <p><i>Exercising, Reading, Computers, Billiards, Piano/Organ, Checkers, Puzzles, Wii Video Games and Socializing</i></p>		