SEPTEMBER 2015 Calendar - Wasatch County

Monday	Tuesday	Wednesday	Thursday	Friday	Sat
"Health & Mobility" Fitness Group meets Tuesdays and Thursdays -- at 12:45 p.m. - in Game/Exercise Room	**1** **11:30 a.m. "Daughters of the Utah Pioneers" Museum Tour & 12:15p Lunch -- (at the Heber City Park - with "Banana Splits" dessert)** **Cost: The regular $3.00 ($6.00 for "guests")** **1:30p** "Sassy Tappers" (Tap dance classes for Seniors)	**2**	**3** **Yard Sale Donations Accepted 9 am to 3 pm** **10 & 11 am.** *2 "Piano Classes for Seniors.* Contact: Christy Ackerson **12:00 Lunch** (visiting & socializing) **12:45 p "Health & Mobility" Focus Group** **1:00 p:** Bingo, Ceramics, Chess, billiards, handwork,	**4** **Yard Sale Donations Accepted 9 am to 3 pm**	**5** **Yard Sale Donations Accepted 9 am to 3 pm**
7 HOLIDAY (CENTER IS CLOSED)	**8** **Yard Sale Donations Accepted 9 am to 3 pm** **12:00 Noon Lunch - & Presentation --** Valerie Cummings – ("211 Special Needs" Registry) **12:45p. "Health & Mobility" & "Fall & Balance" Focus Groups** **1:30p** "Sassy Tappers" (Tap dance classes for Seniors)	**9** **Yard Sale Donations Accepted 9 am to 3 pm**	**10** **10 & 11 am.** *2 "Piano Classes for Seniors"* Contact: Christy Ackerson **YARD SALE – AND BOUTIQUE 9a-3p** **12:00 Noon – Lunch** **12:45p "Health & Mobility" Focus Group** **1:00 p:** Bingo, Ceramics, Chess, billiards, handwork **4:00 pm:** ***"Caregivers' Chat Time"*** in the Lounge Area.	**11** **Patriot Day** **YARD SALE AND BOUTIQUE 9a-3p** **Today and Saturday**	**12** **YARD SALE – AND BOUTIQUE 9a-3p**
14 **7 p.m. Fireside (New Season Begins)** **"Heart & Soul" – (from SLC) – Variety Music**	**15** **9:00 a.m. – Breakfast (No lunch today)** (Visiting and Socializing) **12:45p " Health & Mobility" Focus Group** **1:30p** "Sassy Tappers" (Tap dance classes for Seniors)	**16**	**17** **10 & 11 am.** *2 "Piano Classes for Seniors"* Contact: Christy Ackerson **11:00 a: Applegate BP and Glucose checks in the lobby** **12:00 Noon – Lunch & "Meet the Candidates"** **12:45p "Health & Mobility" Focus Group** **1:00 p:** Ceramics, Chess, billiards & "handwork" **1:30p** County Sr. Advsy Board Mtg.	**18** **Hale Ctr. Theatre "Diary of Anne Frank" & dinner @ Chuck-a-Rama (Tomorrow - in Orem – bus leaves at 2pm.)**	**19** **Hale Ctr. Theatre 2pm.**
21 **1:00p** Senior Center Corporate Board Mtg. **7 p.m. Fireside " County Fair Talent Show" Performers**	**22** **12 Noon - Lunch (Music by Joe Young Vocal & Guitar)** **12:45p "Health & Mobility" & "Fall & Balance" Focus Groups** **1:30p** "Sassy Tappers" (Tap dance classes for Seniors)	**23** **Fall Begins** **Day Trip to Wendover** **(Bus leaves Senior Center at 8:30 a.m.)**	**24** **10 & 11 am.** *2 "Piano Classes for Seniors* Contact: Christy Ackerson **12 Noon – Lunch & Presentation – Tanta Lisa Clayton (Legal Services Assistance)** **12:45p "Health & Mobility" Focus Group** **1-3 p.m. "Flu Shots"** (given by Wasatch County Health Dept.) **1:00 p:** Bingo, Ceramics, Chess, "handwork", & billiards	**25** **(Tomorrow !) "Walk to End Alzheimers Disease" & Lunch after – in Provo (Bus leaves Center at 8:30 a.m.)**	**26** **"Walk to End Alzheimers Disease"**
28 **7 p.m. Fireside "Swiss Miss" Royalty 2015 (Musical Medley)**	**28** **12:00 Noon – Lunch & Presentation – Probst Family Funeral Home** (Pre-Arranging) **12:45p "Health & Mobility" Focus Group** **1:30p** "Sassy Tappers" (Tap dance classes for Seniors)	**30** **Day "Scenic Drive" & Lunch – Out** See the changing Fall colors of our beautiful mountains (provide own lunch) (Bus leaves Senior Center at 10 a.m.)	**OCTOBER 1** **(October 1, 2015)** **11:00 A.M. FREE - Hearing Checks & Hearing Aid Cleaning & Consultation (by Utah Audiology -- Dr. LeeAnn Norman, PhD.) - in the Lounge**	**ALL DAY EVERY WEEKDAY** **Billiards, Exercise Room, Reading, Computers, Socialization, Puzzles, Chess & Checkers**	