

Monday

Tuesday

Wednesday

Thursday

Friday

# OCTOBER 2016 Calendar - Wasatch County Seniors

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**7 p.m. Fireside**  
Lorraine Branham & Friends – An evening of music – Vocal & Piano

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**10:30 am** "Chair Exercise" Classes (w/ Carole Meredith)

**12:00 Noon – Lunch & Presentation** – Roxanne Earl ("Unclaimed Property" report – State of UT Treasurer's Office)

**1 pm:** Table Games

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6

**10 & 11 am, 2 "Piano Classes for Seniors"** Contact: Christy Ackerson (801) 864-6403

**12 noon Lunch & Music**  
M&M's Senior Band

**1:00p:** Bingo, Ceramics, Knitting, Quilting & billiards

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**10. CENTER CLOSED**



**Columbus Day**

11

**10am, FREE** "Early Signs of Alzheimer's Education" Class

**10 & 11 a.m.** Computer Class  
**10:30 am** "Chair Exercise" Classes (w/ Carole Meredith)

**12:00 Noon – Lunch & Program** – WHS Band

**1 pm:** Table Games

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**(Tomorrow)**

**9am-3pm**  
**"H-E-A-T" (Home Energy Assistance Target) appts. with MAG representatives**  
(Call Marcia for appointment)

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**10 & 11 am, 2 "Piano Classes for Seniors"** Contact: Christy Ackerson (801) 864-6403

**11am** Symbii H. Care – BP checks

**12 Noon – Lunch & Presentation** (Encompass Home Health & Hospice)

**1:00p:** Bingo, Ceramics, Knitting, Quilting & billiards

**4:00 p.m.** "Caregivers' Chat Time" – in the Lounge Area.

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**Walk to End Alzheimer's Tomorrow**



**Medicare Open Enrollment Begins Tomorrow**



17

**1 p.m. Corp. Board Mtg.**

**7 p.m. Fireside**  
Martin Chatterley & Friends – Evening of Music

18

**9:00 a.m. Breakfast**  
(Visiting & Socializing)

**(No lunch today)**

**10 & 11 a.m.** Computer Class

**10:00 am** "Chair Exercise" Classes (w/Carole Meredith.)

**1 pm:** Table Games

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**Day Trip to "This Is the Place"**

**Monument and Heritage Park**

(Bus leaves Center at 10 a.m. – Box lunch provided – Cost \$7.00, includes lunch)

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**8am – Corp. Board Elections Begin**

**10 & 11 am, 2 "Piano Classes for Seniors"** Contact: Christy Ackerson (801)-864-6403

**11 a.m.** – Applegate Home Health B.P. & glucose checks

**12:00 Noon – Lunch**  
(Visiting & Socializing)

**1:00p:** Bingo, Ceramics, Knitting, Quilting & Billiards

**1:30 pm - County Advisory Board Mtg.**

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**(Tomorrow)**



**Hale Center Theater – Orem "Catch Me If You Can"**

(Bus leaves Center at 2 p.m. - Dinner on your own at Chuck-a-Rama)

24

**Corp. Board ELECTIONS CONTINUE**

**7 p.m. Fireside**  
Lillian Barrus & Friends (Piano/violin)

25

**10 & 11 a.m.** Computer Class

**10:30 am** "Chair Exercise" Classes (w/Carole Meredith)

**12:00 Noon – Lunch & Presentation**  
Medicare "Open Enrollment" – Bonnie Lewis of MAG

**1 pm:** Table Games

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**FINAL DAY OF ELECTIONS**

**9am-3pm "Medicare" Appointments**

**10 & 11 am, 2 "Piano Classes for Seniors"** Contact: Christy Ackerson (801) 864-6403

**12 Noon – Lunch "Halloween" (Costume Social)**

**1:00 pm** Ceramics, Knitting, & Billiards

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**31 Halloween (NO FIRESIDE)**



**ALL DAY – EVERY WEEKDAY**  
Exercising, Reading, Computers, Billiards, Piano, Checkers, Puzzles, Wii video games, & socializing

