

Monday	Tuesday	Wednesday	Thursday	Friday
NOVEMBER 2016 Calendar - Wasatch County Seniors				
 DAYLIGHT SAVINGS TIME ENDS SUNDAY NOVEMBER 6 AT 2:00 A.M.	1 10:00 a.m. Computer Class 10:30 am "Chair Exercise" Classes (w/ Carole Meredith) 12:00 Noon – Lunch (Visiting & Socializing) 1 pm: Table Games	2	3 10 & 11 am. 2 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 12 noon Lunch (Visiting & Socializing) 1:00p: Bingo, Ceramics, Knitting, Quilting & billiards	4 (Today and Tomorrow) 7:30p "Americana" Songs of America Midway Town Hall \$8.00 Admission – (Transportation – on your own)
7 7 p.m. Fireside Vocal Music by Judy Milliner	8 ELECTION DAY 10am. The Basics – Memory Loss, Dementia - Education Class 10:00 a.m. Computer Class 10:30 am "Chair Exercise" Classes (w/ Carole Meredith) 12:00 Noon – Lunch & Program by Students of H. V. Elem. School Veterans Day Salute 1 pm: Table Games	9 Christmas Shopping Trip- South Towne Mall, in Provo Bus leaves Sr. Center at 9 a.m. (Cost \$4) Lunch on-you-own at Chuck-a-Rama	10 10 & 11 am. 2 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 11am Symbii H. Care – BP checks 12 Noon – Lunch & Program "Jus 4 Fun" ("pop" music/vocals) 1:00p: Bingo, Ceramics, Knitting, Quilting & billiards 4:00 p.m. "Caregivers' Chat Time" – in the Lounge Area.	11  VETERANS DAY CENTER CLOSED
14 7 p.m. Fireside M&M's Senior Band (Music and Fun)	15 9:00 a.m. Breakfast (Visiting & Socializing) (No lunch today) 10:00 a.m. Computer Class 10:30 am "Chair Exercise" Classes (w/Carole Meredith.) 1 pm: Table Games	16	17 10 & 11 am. 2 "Piano Classes for Seniors" Contact: Christy Ackerson(801)-864-6403 12:00 Noon – "Thanksgiving" Luncheon & Program (WHS Jazz Band) 1:00p: Ceramics, Knitting, Quilting & Billiards 1:30 pm - County Advisory Board Mtg.	18
21 1 p.m. Corp. Board Mtg. 7 p.m. Fireside Johnson Creek Western/Folk Music & Humor	22 10:30 am "Chair Exercise" Classes (w/Carole Meredith) 12:00 Noon – Lunch & Musical Program Clare Mahoney – Vocals Accompanied by Raneva Lemon 1 pm: Table Games	23	24 THANKSGIVING DAY (CENTER CLOSED) 	25 CENTER CLOSED FOR HOLIDAY 
28 7 p.m. Fireside "One Voice" Women's Trio – "A Christmas Welcome"	29 10:30 am "Chair Exercise" Classes (w/Carole Meredith) 12:00 Noon – Lunch & Musical Program Instrumental Trio – Lois Swint, Desiree Ashworth & Marilyn Larsen 1 pm: Table Games	30	ALL DAY – EVERY WEEKDAY Exercising, Reading, Computers, Billiards Piano, Checkers, Puzzles, Wii video games, & socializing	