



Wasatch County Senior's Newsletter

465 E 1200 S Heber City, Utah—Open M-F 8:30 am—4:00pm-Phone: (435)654-4920

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SENIOR CITIZENS DEPT.

- Director: Ashley Fish
- Food Services Manager: Cora Briggs
- Administrative Secretary: Marcia Young

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2016

SPOTLIGHT

Mike Bringhurst

I was born in Lehi, Utah in 1942. We lived in Murray, Utah until I was 9 yrs. old then we moved to Highland, Utah where my mother was raised. There was only 1 LDS Ward at that time, and I was related to at least half of everyone there. I graduated from American Fork High School in 1960 and then attended BYU for 1 semester before serving an LDS Mission to Kentucky and West Va. from 1962-1964.

After returning home from my Mission I attended BYU again, and met my future wife Anadeane Crotts from American Fork. We have 8 children – 4 boys and 4 girls, 27 grandchildren, and 7 great grandchildren.

I was employed by IRECO Chemicals, and worked for them for 15 years making explosives out West of Utah Lake. We also had the opportunity to move with the Company to Camden, Arkansas and Bonne Terre, Missouri as the Plant Mgr. of our explosive production plants. While with IRECO Chemicals I had the singular opportunity to go on a business trip to India in order to show them how to manufacture our explosives. It was literally a trip around the world with stops at Tokyo, Japan, Hong Kong, China, New Deli, India, Jerusalem, Israel, and finally New York City.

In 1979 Anadeane and I decided that we would start our own Landscaping Business. With our large family we had a built-in crew and each of our children were involved in the business. By the way they were some of our very best workers.

We retired from Landscaping in 2012 and figured we would live in Highland for the rest of our lives, but one of our daughters asked us about a year ago if we would like to move to Heber City and live in a Condo they were going to purchase? We thought about it for about 5 minutes (Anadeane did anyway) and said 'You Bet'. So here we are and we are just loving it here. No yard work, no house repairs, and nothing to do all day, but to sing Karaoke Songs.

TRIPS & TOURS

To register call Marcia @ 435-654-4920 by the deadline or add your name to the signup sheet at the center. **Payment must be made by the registration deadline.** Current paid member will receive first consideration if space is limited. If there is a waiting list anyone who has not paid by the registration will be removed from the list and the spot will be opened up to those on the waiting list.

Friday, June 10 is a day trip to **This is The Place Heritage Park**. The cost for transportation is \$5 per person. We will have lunch at Chuck-A-Rama after visiting the monument. **The registration deadline is May 5.** The bus leaves at 10:00 a.m. **SOLD OUT!**

Wednesday, June 22 is the *Noblett's Creek Trail walk*. This is an easy 2 mile scenic walk along a natural path/trail. A picnic lunch will be served at the halfway point. We are asking for a \$3 donation. Bus transport provided @ no cost. The bus will leave the center at 10:30 a.m.

Wednesday, July 13 is a trip to the **Museum of Ancient Life** @ Thanksgiving Point. Lunch on your own at Chuck-A-Rama. Cost \$15 per Adult or Child.

Saturday, July 16 is the play *Peter Pan* @ Orem's Hale Theater. Grandchildren are welcome to join us! Supper at Chuck-A-Rama following the performance on your own. Check with Marcia regarding children's ticket prices. The bus will leave the center at 2:00 p.m.

Wednesday, July 27 is a *free* trip to Olympic Park in Park City to view the Olympic skiers practice their jumps & flips into the pool. Meal on your own at Billy Blancos.

Monday, August 8 is a trip to the **BYU Art Museum** which is featuring a special display celebrating the 100th Anniversary of our National Parks entitled *See America*. Optional displays include Reality Reorganized & Branding the American West.

Wednesday, August 17 is a *Bee's Baseball Game in SLC. It's \$1 hot dog day!* Grandchildren welcome! Cost is \$15 per person for admission & bus trip.

Wednesday, September 14 is the biannual trip to **Wendover**.

Wednesday, September 21 will feature a color tour bus trip to **Guardsman Pass**. **BYOS!** (Bring Your Own Snack) A special stop @ the cheese store in Heber may occur enroute.

Wednesday, October 19 is a trip to **Antelope Island** where the buffalo roam free. Boxed Lunch provided. A \$3 donation is requested. Anticipate a special surprise on the way home!

Future Play Dates @ Orem's Hale Theater include:

Sept. 10 *See How They Run*

Oct. 22 *Catch Me If You Can*

December *A Christmas Carol*

For more information on longer Bus Tours, Ship & Cruises, & International Travel check the *Travel Board @ the Senior Center*. Here are a few highlights:

Knight Tours and Cruises is offering some new trips: June 12, 2016, an Alaska Cruise, Oct. 3-9 "The Perfect Autumn Escape" Highlights include, Arches National Park, Mesa Verde National Park, Durango/Silverton Narrow Gauge Train, Albuquerque Hot Air Fiesta and much more, **Oct. 12-17, New York and Nov 2-10, 2016 a South Africa Safari**. For more information or to register call toll-free 1-877-811-3244 or visit their website at: **knighttoursandcruises.com** to register or see the variety of tours they offer.

Senior Tours and Travel is offering :June 14 – 16, Jackpot/Wells/ Wendover : Just \$196 *double per person, single add \$80*. **Saturday, July 2 and Saturday August 6, Wyoming Downs day trips**. Call Doreen at 801-568-7700 or visit the website at **www.seniortoursof Utah.com** for more information. Senior Tours offers a variety of low cost tours for seniors.

Wasatch Travel is now taking reservations for: A Royal Caribbean, 7 day New England and Canada Cruise on **Oct 23**. 6 American Queen Riverboat cruises, Memphis to St Louis, 4th of July Celebration, Cincinnati to St Louis, (Presidents & Politics Cruise) July 17, Lt. Louis to Minneapolis (Life on the Mississippi Cruise) on July 24, Minneapolis to St Louis (Mark Twain Cruise) on July 31, St. Louis to Minneapolis (Life on the Mississippi Cruise) August 7, St. Louis to Memphis (Good Old Summertime Cruise) August 21. Call Wasatch Travel for more information at 435-709-8656

Orem Hale Theatre cost plus transportation is \$25 per person. Bus transportation will be available from the Senior Center to the theatre and back. **Bus departure time is 2 PM** unless otherwise indicated. Anyone electing to provide their own transportation will pay ticket costs only! Dinner at your own expense will be available after the performance; usually @ Chuck-a-Rama Buffet or alternative option indicated.

From the Director's Desk Ashley Fish



Daily, as I walk through our beautiful Senior Center, I think how much our now-13 yr.-old facility is utilized, not only by our senior community but also by authorized groups and individuals who pay to “rent” the Center (usually in the evening hours) for various functions. The exception to use in the evenings is Monday nights when we have our weekly “Firesides”, from September to May of each season.

This causes me to reflect that, by nature, we seniors seem to stay home in the evenings. So, from the outset, those (our County leaders) who oversee and ultimately authorize the use of this physical plant, have allowed it to be used when we seniors are not using it if policies and guidelines are followed.

Since the inception of this Senior Center there has been a policy in place that the County would not compete with “private enterprise” -- regarding its use. Inadvertently, we sometimes do. Our quest is not to. We want to fully support our friends and owners in the private sector doing business in the County.

Recently, we’ve taken a closer look at our “rental” policy and the County’s guidelines for the Center’s use. As we continue to grow and evolve we must adjust with those changes within our communities and environment. Please watch for changes forthcoming in the use of and the fees charged to use the Center.

We are proud of our Senior Center. Those visiting for the first time often comment on how lovely and comfortable it feels. We welcome all seniors to use it. That’s what it’s for.

Should you have a large family gathering that you are hosting, please let Cora know, as she can give you a price as to what she can cater one of her great meals for you and yours. Tell her the type of meal you want. When used in conjunction with a “catered” function, the use of the building is complimentary.

Our “Best” to each of you. Thank you for your support.



May Activities & Entertainment

June Birthdays

	Bonnie Williams	1	
	Ruby Sweat	2	
	Nyda Harrison	3	
	Kaye Bonner	4	
	Terry Edwards	5	
	Debra Wilson	6	
	Melba Kinsey	7	
	Beth Taylor	8	
	John McGrath	9	
	Thomas MacNaughtan	11	
	June Tatton	11	
	Jim Connors	13	
	Lynda Payne	13	
	Maxine Snyder	14	
	David Todd	14	
	Wilma Hill	16	
	Jerry Ellis	18	
	Alan Carlile	19	
	Margery Clark	19	
	James LuJan	19	
	James Richie	19	
	Kent Savage	21	
	Dorena Young	21	
	Marilyn Bethers	22	
	Nelda McNeil	22	
	Sally Barnes	23	
	Delores Meik	23	
	Lois Mahoney	24	
	Deanna Taylor	24	
	Shawna Jeffs	25	
	Lola Walker	25	
	Niel Hilton	26	
	Patricia Wilson	27	
	Flossie Lopez	28	
	Shirley Lythgoe	28	



New County Seniors Advisory Board Member Bonnie Mathews

We are excited to welcome Bonnie Mathews as our newest Board Member. Bonnie fills the seat that previously held by LaRee Pedro, she brings energy, and new ideas with her. We look forward to the next 4 years of working with Bonnie in making our Senior Center activities better than ever.

We offer our most sincere thanks to LaRee for the great contributions she made during her tenure on the board and her continuing contributions as a Senior Center member.

OBITUARIES

Mary Bernice Broadhead Barrett
Born: February 28, 1928
Died: March 24, 2016
Married: (1) Ray Betts
(2) Pat Barrett

Marsha Brandt Barkley
Born: August 29, 1943
Died: May 3, 2016
Married: (1) Bobby Culpepper
(2) Jack Barkley

Jerry James Motley
Born: June 21, 1949
Died: April 20, 2016
Married: Gay Sulser

Elma L. Clyde (Johnnie)
Born: March 2, 1934
Died: May 12, 2016
Married: Marvis A. Clyde

Margie June Moulton Peterson
Born: June 14, 1927
Died: April 28, 2016
Married: Sephire (Pete) Peterson

Stanley Susler Walton
Born: November 16, 1929
Died: May 15, 2016
Married: Shirlene Hamilton

It Pays to Refresh Your Driving Skills!

When you take the AARP Smart Driver™ online course, you could be eligible for a multi-year discount on your auto insurance.

* Plus safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road.

The AARP Safe Driver Class is being offered at the Senior Center on Tuesday, June 7 from 9:30 a.m. to 3:30 p.m. The cost for the class is \$15 for AARP members and \$20 for non-members. Please call Marcia (435-654-4920) at the Senior Center to sign up.



AARP Real Possibilities

CORA'S CORNER

To all our Seniors..just a little info from the kitchen. June has arrived with a lot of moisture. Which is good, because everything is green.

June brings us: National Audio Book Month, International People Skills Month, National Fruit and Veggies Month, National Candy Month, Fiction is Fun Month, Effective Communications Month, Great Outdoors Month, National Family Month and Zoo and Aquarium Month.

On June 2nd, we are having a Potluck Lunch Meal in Midway. You still need to sign-up. We are providing the meat and utensils. We want to have enough for everyone. Please bring a favorite dish or anything you would like.

Flag Day is celebrated on June 14th. It commemorates the adoption of the flag of the United States, which happened on that day in 1777 by resolution of the Second Continental Congress. Flag Day is a day for all Americans to celebrate and show respect for our flag, its designer and makers.

Father's Day is observed on the third Sunday, June 19th. It honors all fathers, grandfathers, great grandfathers and father figures for their contribution. It was created to complement Mother's Day.

We will end June with a "Dutch Oven Cookout" prepared by Perry Rose/Pride Security. It will be a congregate meal. We are supplying the products, so, please sign up at least two days early. It takes time to cook this meal. Come and have fun.

NEED SOME HELP WITH YOUR YARD WORK!

Habitat for Humanity is sponsoring a service project from June 2 to July 11. 17 young adults will be available to assist you with planting flowers, removing brush, pulling weeds, mowing lawns, washing windows and many other small summer projects you may need help with. If you are interested please call Jessica Smith, Programs Manager .

Programs Manager, Habitat for Humanity of Summit and Wasatch
Counties Office: 435-658-1400 Cell: 801-558-0847

jessica@habitat-utah.org



Letters Alert Eligible Medicare Beneficiaries to Missed Benefits

Mountainland SHIP Can Help Older Adults Enroll

Orem, UT (May 17, 2016) – Beginning this week, Medicare beneficiaries will receive a letter from the Social Security Administration (SSA) if they may be eligible for help with their out-of-pocket medical and drug expenses. Mountainland SHIP encourages beneficiaries who receive these letters to take action to learn more about the Medicare Savings Program (MSP) and Extra Help.

The letters are sent annually to people with Medicare with limited incomes who could be eligible for—but are not enrolled in—an MSP, which helps with Medicare out-of-pocket costs, or Extra Help, which helps with the costs of prescription drugs.

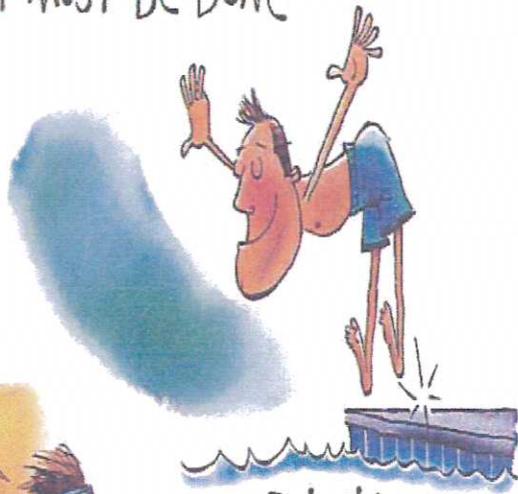
“These letters are not a scam,” said Bonnie Lewis, Coordinator at Mountainland SHIP. “They are an important notification that Medicare beneficiaries should review and consider. We can help determine if they’re eligible, apply, enroll, and even understand how to use their new benefits once they’ve been approved.”

Anyone receiving a letter—or who believes they or a loved one may be able to get help from these programs—should contact Dawn Loper at 801-229-3819 or Bonnie Lewis at 801-229-3810 for assistance.

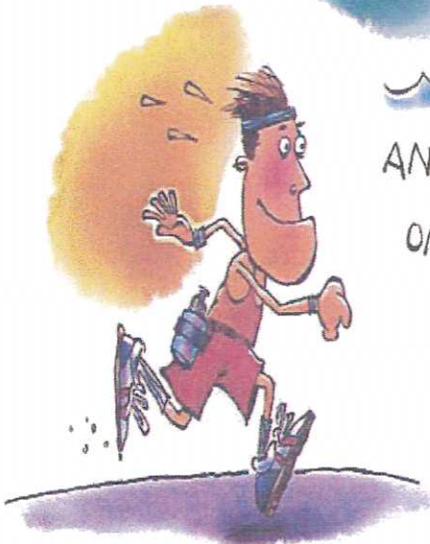
Mountainland Association of Governments
Aging & Family Services Department
SHIP (State Health Insurance Assistance Program)



FOR TACKLING WORK
THAT MUST BE DONE

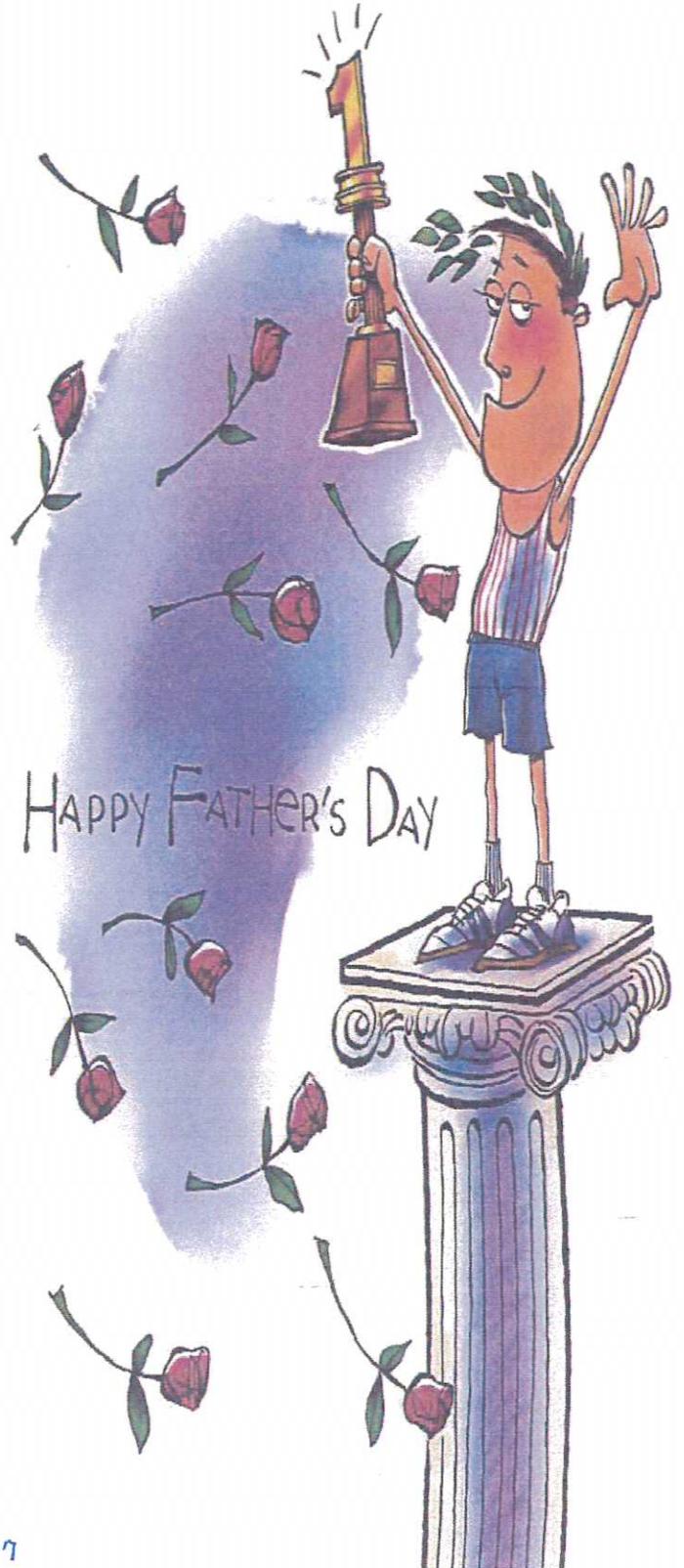


AND DIVING IN
ON FAMILY FUN...



FOR RUNNING TO
THE RESCUE WHEN
YOUR WISDOM'S NEEDED
ONCE AGAIN...

HERE'S AN ALL-STAR TRIBUTE TO
THE WORLD'S GREATEST DAD-
OF COURSE, THAT'S YOU!



HAPPY FATHER'S DAY